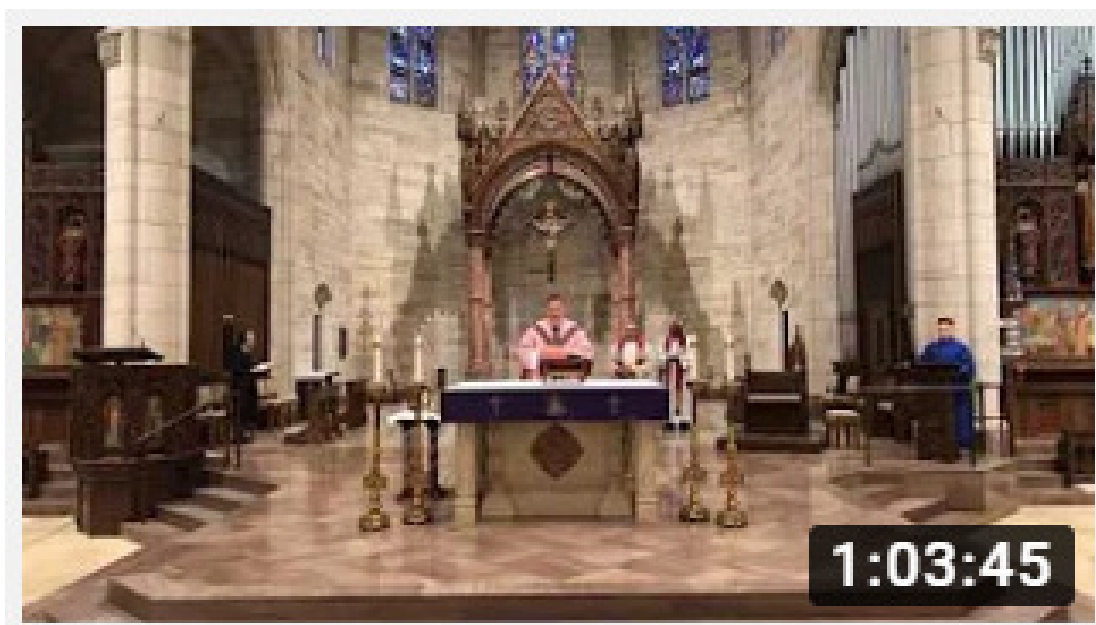


LIVE STREAMING OF MASS

You may not be able to come to Church for Mass, but you can still “attend” Mass virtually by means of our live streaming of Sunday Masses. Join hundreds of your fellow parishes in worshipping on Sunday mornings at 10:00 am.

You can view the live stream at our Facebook group:
<https://www.facebook.com/groups/163360657011257/>

The video can be watched later in the day after it has been posted on our new YouTube channel. Simply search for “Our Lady of Sorrows South Orange” and click on the result that says, “official channel for Our Lady of Sorrows.”



An act of Spiritual Communion when you cannot physically receive the Eucharist:

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.