



CCD in February

Monday

February 16th - NO CCD: (*Presidents Day*)

February 23rd - Suggested Lesson: 24 (*Lent*)

Tuesday

February 17th - Lesson 13: *How does God teach us to love?*

February 24th - Suggested Lesson: 24 (*Lent*)



Gospel Reflection Sticker

Each week, all our in-person CCD students receive a sticker with an image relating to our Sunday Gospel reflection when they first enter the church. This week's sticker featured the image of a woman in front of a giant snow pile. **Each week, a great dinnertime follow-up question after CCD is: "Why did Mrs. Noll give you a sticker with X on it?"** The answer to this past week's question is: *In Sunday's Gospel, Jesus admonished his listeners to be both the salt of the earth and the light of the world. He talked about what happens when salt loses its effectiveness or people hide their light from the world. We know all too well what happens when it's too cold for salt to do its job melting snow and when the weak winter light doesn't warm things up - NOTHING! Similarly, it's not enough to know the Beatitudes. One needs to live them in order to help build the Kingdom of God.*



Tuesday's Essential Question

Lesson 13: How does God teach us to love?

Lesson 13 asks the Essential Question *"How does God teach us to love?"* God teaches us to love through his Word in Scripture and through his Son, Jesus Christ. God the Father has given us the Ten Commandments, the Precepts of the Church, and the witness of Jesus to help us grow closer to him. We show our love to God by following his law and by respecting and honoring the people we encounter. Spend some time reflecting on each of the Ten Commandments as a blueprint for loving God and others.



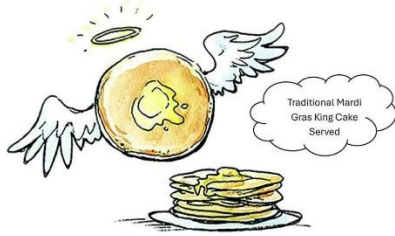
Homeschooling Connection

Week of February 15th

NO CCD

There is no assignment for CCD this week in recognition of Presidents Day. If your children have fallen behind in their studies, however, the day off is a great time to catch up on missed lessons. Enjoy!

MARDI GRAS PANCAKE BREAKFAST
February 15, 2026 after 10:00 am & 11:30 am Masses



All are welcome! Nourish your soul in preparation for Lent!

Cost:

- Individual: \$10.00
- Couple: \$20.00
- Family: \$25.00

To pre-pay, link to PayPal:



accepts Venmo, ApplePay, and credit/debit cards

Payment also accepted at door

Sponsored by:
Knights of Columbus, Council 4066, Regina Pacis
Council4066@gmail.com



PROCEEDS TO SUPPORT COUNCIL ACTIVITIES, INCLUDING SPONSORING DINNER AT JESPY HOUSE, ACTIVITIES WITH VA HOSPITAL, AND PARISH EVENTS

Mardi Gras Pancake Breakfast

It's back! Be sure to join your parish family this Sunday for our annual Mardi Gras breakfast sponsored by the Knights of Columbus. The breakfast is always delicious and a great way to meet new people in the parish. Proceeds go to support the Knights' numerous philanthropic efforts. Join us!

And if we're already celebrating Mardi Gras, you know that Lent is nearly upon us...



Lent 2026 Begins Next Wednesday February 18th

Spring. Training. Two words that make the hearts of die-hard baseball fans skip an extra beat. It's a time of great anticipation and promise as our favorite teams begin to

prepare for the long season ahead. Players abandon off-season comforts and submit themselves to demanding, disciplined routines—early mornings, repetitive drills, and honest evaluations of their strengths and weaknesses—knowing that these sacrifices shape major league endurance and focus.

For us, Lent is our spring training. Just as athletes condition their minds and bodies, Lent invites us into a time of self-examination and discipline through prayer, fasting, and charity to strengthen our hearts and homes as vessels of God’s love. Both Lent and spring training emphasize patience, humility, and intentional hard work. A successful baseball season depends upon dedication to spring training. Similarly, the joy of Easter comes from dedication to the sacrificial journey of Lent, where growth comes through God’s grace and our commitment to self-control. Lent challenges us to master excess and distraction through practices of self-denial, patience, and trust in God, redirecting our hearts toward what truly matters. Not baseball, but hearts and homes centered on Jesus.

The time is now to start having the discussion in your homes about how your family can turn your hearts more fully toward Jesus this coming Lenten season. Due to the upcoming Presidents Day holiday, the CCD Program will roll out its Lenten Initiatives on Monday, February 23rd and Tuesday, February 24th. Stay tuned for more info!



Empowering God's Children 2025-2026 Lessons

Thank you to those families who have already had the important conversations with their kids about this year's Empowering God's Children lessons: *Boundaries: You Have Rights!*, and *Secrets, Surprises and Promises*. Gold stars for such a quick response! You can access this year's two lessons at the links below:

Lesson 3 - Boundaries: You Have Rights!

[Grades K-2 Lesson Three](#)

[Grades 3-5 Lesson Three](#)

[Grades 6-8 Lesson Three](#)

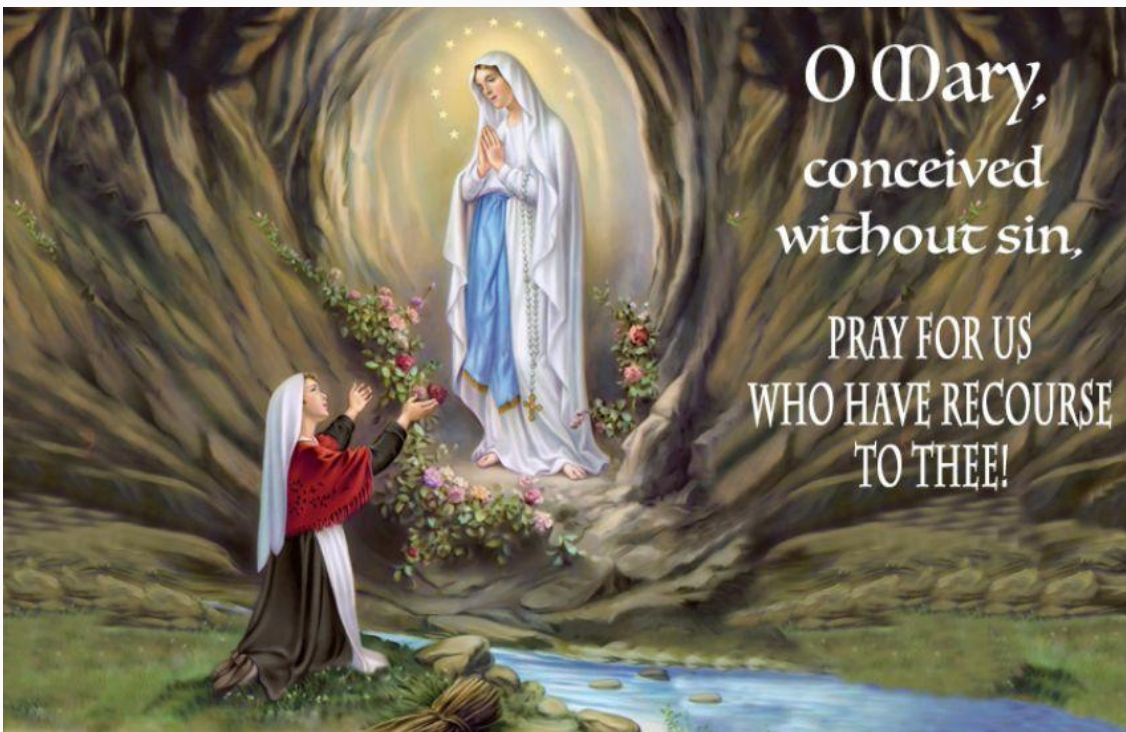
Lesson 4 - Secrets, Surprises and Promises

[Grades K-2 Lesson Four](#)

[Grades 3-5 Lesson Four](#)

[Grades 6-8 Lesson Four](#)

After you have talked with your kids in whichever way that you feel is most appropriate given your family's individual dynamics and circumstances, please let us know that you've participated in this important mission by completing this simple, 3-question survey by April 1st: [Empowering God's Children Parent/Guardian Acknowledgement Google Form](#). Thank you!



Saint / Feast of the Week

Our Lady of Lourdes

Feast Day: February 11th

Patron of: The Sick

The Feast of Our Lady of Lourdes, celebrated each year on February 11, commemorates the first apparition of the Blessed Virgin Mary to 14-year-old Bernadette Soubirous in Lourdes, France, in 1858. Over the course of 18 apparitions, Mary called Bernadette to prayer, conversion, and trust in God, and asked that the grotto become a place of pilgrimage and prayer. The Church later recognized the apparitions, and the date was placed on the Church's liturgical calendar. Since then, Lourdes has become one of the world's most important pilgrimage sites, especially associated with prayer for healing and hope for those who suffer.

February 11 is also observed as the World Day of the Sick, established by St. John Paul II in 1992 and first celebrated in 1993. The day invites Catholics to pray for those who are ill, to support caregivers and healthcare workers, and to recognize the face of Christ in those who suffer. The Church intentionally chose the Feast of Our Lady of Lourdes for this observance because Lourdes is closely connected with prayer for healing and compassion for the sick.

For families, the story of Our Lady of Lourdes offers powerful lessons. Parents can teach children to turn to prayer in times of fear or sickness, just as Bernadette did with the Rosary. Families can also practice compassion by caring for sick relatives, checking on neighbors, or praying together for those who are suffering. Our Lady's message reminds us that even young people can be witnesses of faith and hope. By building habits of prayer, kindness, and trust in God, especially during times of illness or hardship, families can live out the spirit of Lourdes in everyday life.



Visit the Sick - Corporal Work of Mercy

Highlighting the corporal work of mercy to "Visit the Sick" helps children develop empathy for those in physical or emotional pain. You can help the desire to care for others by trying some of the following ideas with your children. (And **thank you to Mrs. Walker's 1st grade class. Mr. Noll's 103-year old grandmother loved receiving some of your handmade cards!**)

Creative and Hands-On Activities

- **Design Get-Well Cards:** Create handmade cards for residents at a local nursing home, a children's hospital, or homebound parishioners.
- **Assemble "Comfort Kits":** Pack small bags with items like tissues, tea bags, chapstick, and holy cards to deliver to those recovering from illness.
- **Talent Show Visits:** Encourage kids to share their talents, like singing, playing an instrument, or reciting poetry, during a visit to a rehab center or nursing home. Or Zoom and show off your stuff to grandma!
- **Service at Home:** Teach children to care for sick family members by bringing them a favorite stuffed animal, reading them a story, or getting them a glass of water.
- **Homework Help:** Have kids call or message a classmate who is out sick to check on them and share homework information.

Educational and Prayerful Actions

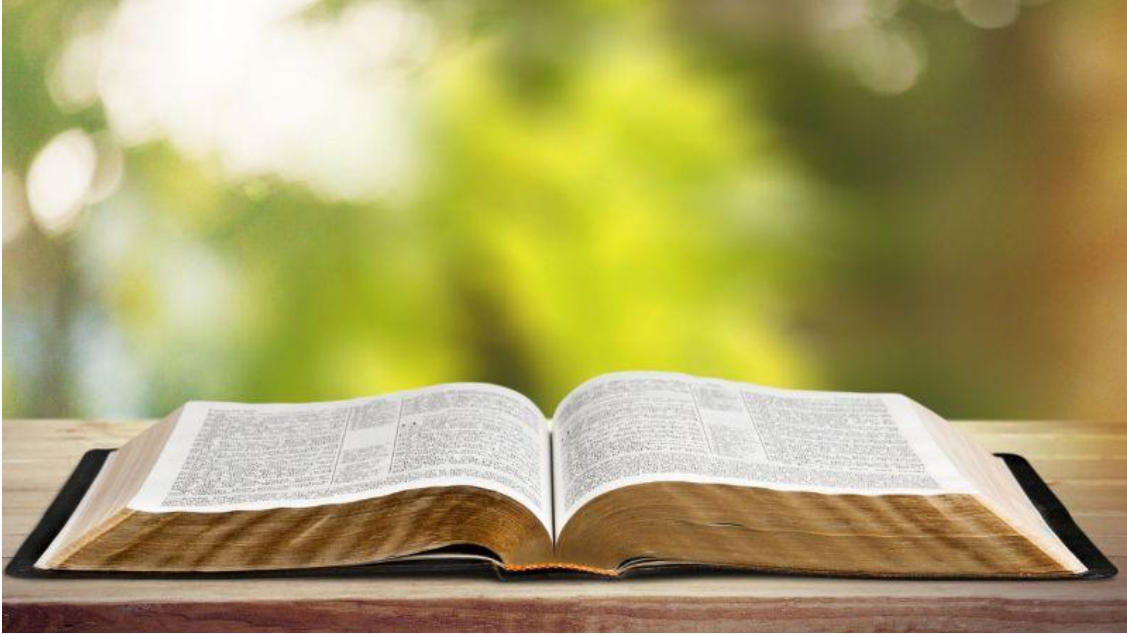
- **Meal Train Participation:** Involve kids in preparing and delivering a home-cooked meal to a neighbor recovering from surgery or a new mother.
 - **Spiritual Intentions:** Add the names of sick friends or relatives to nightly family prayers or the intentions at Mass.
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- **Bible Story Lessons:** Read and discuss stories like The Good Samaritan or the healing miracles of Jesus to provide a scriptural foundation.
- **Mercy Posters:** Have kids create a poster with a drawing of someone caring for the sick and list five ways they can do the same in their community.
- **Nursing Home "Bingo":** Visit a local facility to volunteer for social activities like calling Bingo numbers or playing board games with residents.



Special Episode of the Mark 10 Mission Little Liturgies

February 11th is the feast of Our Lady of Lourdes. In this Little Liturgy, the Mark 10 Mission celebrates Our Lady of Lourdes by hearing a Gospel story about when Our Lady and Jesus went to a wedding feast in Cana. Greg helps us know that Our Lady will always share our worries and problems with her Son Jesus. He also tells us the story of Lourdes and how Our Lady spoke to a young girl called Bernadette. The Little Liturgy ends with a prayer to Our Lady before heading to Lourdes to sing 'As I Kneel Before You.' Click [HERE](#) to view.



In the Liturgy of the Word, the Church feeds the people of God from the table of his Word. Previewing the readings before Mass is then a bit like looking over the menu before you get to a restaurant: you have a better idea of what you can expect so that you can enter into the experience more fully prepared. And like a good discussion during a meal, discussing the readings and how they can be applied to your family's daily life helps your family to truly go out and proclaim the gospel after leaving the church.

**Here are a few resources to help your family delve deeper into the
Liturgy of the Word:**

[The Sixth Sunday in Ordinary Time](#)

[Loyola Press: Sunday Connection](#)

[Sadlier: This Week's Liturgy](#)



Mark 10 Mission: Little Liturgy for the 6th Sunday of Ordinary Time

In this celebration of the Word for the 6th Sunday in Ordinary Time, Jesus speaks directly to our hearts through the Gospel of Matthew. He challenges us not to settle for doing the bare minimum, but to choose love, honesty, forgiveness, and courage — even when it’s hard. Jesus doesn’t ask this because he wants to make life difficult, but because he believes in us and calls us to be our very best. This episode gently guides children to reflect on their choices, understand the power of saying sorry, and discover the peace that comes from forgiveness — especially through the Sacrament of Reconciliation. With Scripture, prayer, reflection, worship music, and a clear weekly mission, viewers are encouraged to grow closer to Jesus as they prepare their hearts for the coming season of Lent.

Click [HERE](#) to view

KIDSCALENDAR

FEBRUARY 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>FOURTH SUNDAY IN ORDINARY TIME</p> <p>Q What will the peacemakers be called? (SEE FEBRUARY 7)</p> <p>Matthew 5:1-23a</p> <p>1</p>	<p>THE PRESENTATION OF THE LORD</p> <p>2</p>	<p>SAINTE BLAISE, BISHOP AND MARTYR</p> <p>SAINTE ANSGAR, BISHOP</p> <p>3</p>		<p>SAINTE AGATHA, VIRGIN AND MARTYR</p> <p>4</p>	<p>SAINTE PAUL, APOSTLE AND COMPANIONS, MARTYRS</p> <p>5</p>	<p>A Children of God</p> <p>6</p>
<p>FIFTH SUNDAY IN ORDINARY TIME</p> <p>Q Who does Jesus say is the light of the world? (SEE FEBRUARY 12)</p> <p>Matthew 5:13-16</p> <p>8</p>		<p>SAINTE SCHOLASTICA, VIRGIN</p> <p>9</p>	<p>OUR LADY OF LOURDES</p> <p>10</p>	<p>A You are.</p> <p>11</p>		<p>SAINTE CYRIL, MONK AND METHODIST, BISHOP</p> <p>ST. VALENTINE'S DAY</p> <p>12</p>
<p>SIXTH SUNDAY IN ORDINARY TIME</p> <p>Q Whom is Jesus talking to in the Gospel today? (SEE FEBRUARY 16)</p> <p>Matthew 5:17-37</p> <p>15</p>	<p>A His disciples</p> <p>16</p>	<p>THE SEVEN HOLY FOUNDERS OF THE SERVITE ORDER</p> <p>17</p>	<p>ASH WEDNESDAY</p> <p>18</p>			<p>SAINTE PETER DAMIAN, BISHOP AND DOCTOR OF THE CHURCH</p> <p>19</p>
<p>FIRST SUNDAY OF LENT</p> <p>Q How long did Jesus fast for? (SEE FEBRUARY 25)</p> <p>Luke 6:27-38</p> <p>22</p>	<p>SAINTE POLYCARP, BISHOP AND MARTYR</p> <p>23</p>		<p>A 40 days and 40 nights</p> <p>24</p>		<p>SAINTE GREGORY OF NAREK, ABBOT AND DOCTOR OF THE CHURCH</p> <p>25</p>	<p>26</p>
<p>27</p>	<p>28</p>	<p>Word of the month:</p> <p>Repent</p> <p>To turn away from sin and turn toward God.</p>				

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[Catechist Magazine February Calendar Download](#)

Catholic Trivia

Question: Every time a new Pope has been elected in the 21st century, the Seattle Seahawks have made it to the Super Bowl that same NFL season. True or False?

Correct Answer: True



In the 21st century, there have been three papal elections so far — and each time, the Seattle Seahawks reached the Super Bowl that same NFL season. Though this likely has more to do with pure coincidence than divine intervention;)

- **2005 — Pope Benedict XVI elected** → Seahawks reached **Super Bowl XL** (lost to Steelers).
- **2013 — Pope Francis elected** → Seahawks reached **Super Bowl XLVIII** (won vs. Broncos).
- **2025 — Pope Leo XIV elected** → Seahawks reached **Super Bowl LX** (and, sadly, won vs. Patriots).

Joke of the Week

Q: *Why is it so much warmer in the stadium now that the Super Bowl is over?*

A: Because all the fans are gone.

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[Our Lady of Sorrows Website](#)