


Religious Education



CCD Family Newsletter
October 23 - October 30, 2024



CCD Continues This Week

Next Monday Class:
October 28th
Lesson 6

Next Tuesday Class:
October 29th
Lesson 6

[CCD Calendar](#)



**Join Us for Family Mass and
Coffee & Donuts
Sunday, October 27th
10:00 am**

As the 4th Sunday of the month, this Sunday is also a Coffee and Donuts day here at Our Lady of Sorrows. If your schedule permits, we'd love to see your family at the 10:00 am Family Mass. And if you would like your child to participate in a special way as a greeter, usher or gift bearer, please reach out to Colleen McDonald. And be sure to have your child stop by our craft table in St. Joseph's Hall while at Coffee and Donuts to work on a project relating to Sunday's liturgy while you enjoy your cup of coffee and some conversation.



**Homeschooling Connection
Week of October 27th
Lesson 6**

This week all of our CCD students, including those in our homeschooling program, will be working on Lesson 6: *How does God share his life with us?*. Please make every effort to adhere to the CCD calendar so that your child does not fall behind.



Gospel Reflection Stickers for the Week

A few weeks ago Mrs. Noll gave out Inside Out 2 stickers with the character "Envy" on them to help illustrate the character trait being exhibited by the disciples when they saw someone else driving out demons in Jesus' name. This week we're back in Disney/Pixar mode to illustrate the pride exhibited by the disciples James and John in Sunday's Gospel. Like Lightning McQueen from the Cars movie, they hear that it is only through reaching out to those in need, service and sacrifice that one can achieve true greatness.



Essential Question for Lesson 6: ***How do we celebrate what we believe?***

This week marks the end of our students' exploration of what we as Catholics believe and the start of unit two which centers around the start of how do we celebrate what we believe.

After CCD, ask your kids what their class came up with as an answer to this week's essential question. This lesson helps students understand that the Holy Spirit prepares us to receive God's sanctifying grace in the Seven Sacraments. As God's life grows in us, we become more like Jesus. This equips us to

spread the message of God's love and live in friendship with him. Sacramentals are sacred signs that prepare us to receive God's grace.

What sacramentals in your home have had special meaning for you? Show them to your child!



Sacramental Preparation Program Friendly Reminder

Our mandatory First Reconciliation Retreat is coming up in three and a half weeks on Saturday, November 16th from 9:15-11:45. Please continue to work on your at-home preparation work and learning reinforcement worksheets. If you have any question about what is required in advance of the retreat, please contact Jen Noll.



CATHOLIC SPROUTS

Family Prayer Tips from Catholic Sprouts

1. **Pray in the Same Place Each Day** - Your kids should know where they will pray and what they will need for that prayer so you don't have to direct them.
 2. **Pray at the Same Time Each Day** - Set a routine in your home so kids aren't "surprised" when it's time to pray again. Ideal times for family prayer are first thing in the morning, over lunch, right after supper, or just before bed.
 3. **Pray the Same Prayers Each Day** - Again, routine is key! Kids will fight you less if they know what to expect each day when they sit down to pray.
 4. **Start Small and Build** - If you are trying family prayer for the first time, pick a family prayer routine that you can accomplish in 5-10 minutes. Once you have that down, add to it!
 5. **Focus More on Prayer and Less on Behavior** - It is far better to set an example of prayer and encourage them to follow as they are able. Of course, if someone is whipping his sister with a Rosary, that needs to be addressed, but not every tiny behavioral issue needs to be dealt with during prayer.
 6. **Support Family Prayer with Your Personal Prayer Life** - Family prayer MUST grow out of parent prayer. Dedicate at least 10 minutes to private prayer each day BEFORE you begin family prayer in your home.
 7. **Parents Need to be a United Front** - Ideally, family prayer is led by both parents. I know this isn't always possible due to difficult work schedules or other conflicts but work to present family prayer as something BOTH parents are interested in promoting in your home.
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SAINT / FEAST OF THE WEEK

St. John of Capistrano

Feast Day: October 23rd

Patron of: Judges

It has been said the Christian saints are the world's greatest optimists. Not blind to the existence and consequences of evil, they base their confidence on the power of Christ's redemption. The power of conversion through Christ extends not only to sinful people but also to calamitous events.

Imagine being born in the 14th century. One-third of the population and nearly 40 percent of the clergy were wiped out by the bubonic plague. The Western Schism split the Church with two or three claimants to the Holy See at one time. England and France were at war. The city-states of Italy were constantly in conflict. No wonder that gloom dominated the spirit of the culture and the times.

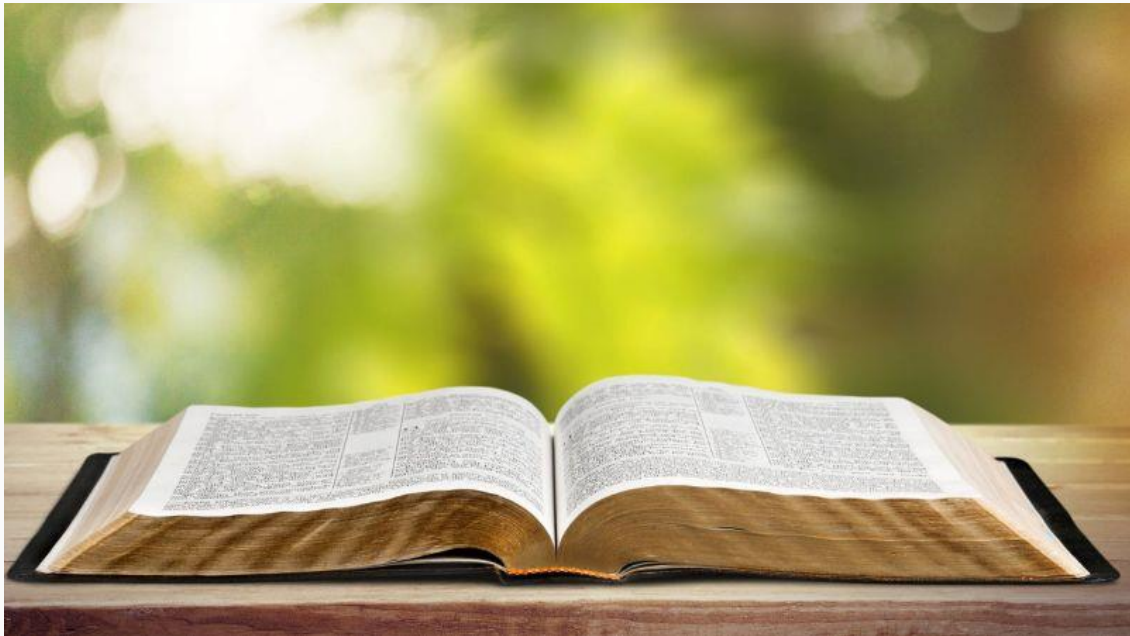
John of Capistrano was born in 1386. His education was thorough. His talents and success were great. When he was 26 he was made governor of Perugia. Imprisoned after a battle against the Malatestas, he resolved to change his way of life completely. At the age of 30 he entered the Franciscan novitiate and was ordained a priest four years later.

John's preaching attracted great throngs at a time of religious apathy and confusion. He and 12 Franciscan brethren were received in the countries of central Europe as angels of God. They were instrumental in reviving a dying faith and devotion.

The Franciscan Order itself was in turmoil over the interpretation and observance of the Rule of St. Francis. Through John's tireless efforts and his expertise in law, the heretical Fraticelli were suppressed, and the "Spirituals" were freed from interference in their stricter observance.

John of Capistrano helped bring about a brief reunion with the Greek and Armenian Churches.

When the Turks captured Constantinople in 1453, John was commissioned to preach a crusade for the defense of Europe. Gaining little response in Bavaria and Austria, he decided to concentrate his efforts in Hungary. He led the army to Belgrade. Under the great General John Hunyadi, they gained an overwhelming victory, and the siege of Belgrade was lifted. Worn out by his superhuman efforts, Capistrano was an easy prey to an infection after the battle. He died on October 23, 1456.



In the Liturgy of the Word, the Church feeds the people of God from the table of his Word. Previewing the readings before Mass then is a bit like looking over the menu before you get to a restaurant: you have a better idea of what you can expect so that you can enter into the experience more fully prepared. And like a good discussion during a meal, discussing the readings and how they can be applied to your family's daily life helps your family to truly go out and proclaim the gospel after leaving the church.

Here are a few resources to help your family delve deeper into the Liturgy of the Word:

[Readings for the Thirtieth Sunday in Ordinary Time](#)

[Loyola Press: Sunday Connection](#)

[Sadlier: This Week's Liturgy](#)

KIDSCALENDAR

OCTOBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Word of the month:</p> <p>ANOINT</p> <p>To bless someone with oil.</p>		<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>
<p>Word of the month: ANOINT</p> <p>To bless someone with oil.</p> <p>Q Who was testing Jesus with questions? (SEE OCTOBER 9)</p> <p>Mark 10:2-16</p> <p>6</p>	<p>OUR LADY OF THE ROSARY</p> <p>7</p>	<p>8</p>	<p>A the Pharisees</p> <p>9</p>	<p>10</p>	<p>11</p>	<p>12</p>
<p>Q Jesus said, "All things are possible" (SEE OCTOBER 18)</p> <p>Mark 10:17-30</p> <p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p>	<p>A for God.</p> <p>18</p>	<p>19</p>
<p>Q Who can be first? (SEE OCTOBER 21)</p> <p>Mark 10:35-45</p> <p>20</p>	<p>A The slave or servant</p> <p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>
<p>Q Who was begging? (SEE OCTOBER 30)</p> <p>Mark 10:46-52</p> <p>27</p>	<p>28</p>	<p>29</p>	<p>A Bartimaeus, a blind man.</p> <p>30</p>	<p>31</p>		

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[Download the October Catechist Magazine Calendar HERE](#)

Catholic Trivia

Question: On which date do the swallows famously return to the Mission of San Juan Capistrano each year?



- A) March 19th - the feast day of St. Joseph
- B) July 1 - the feast day of Junipero Serra
- C) October 23rd - the feast day of St. John of Capistrano
- D) The swallows no longer return to Capistrano regularly thanks to climate change which has affected their migratory patterns

Answer: A

Mission San Juan Capistrano is a Spanish mission in San Juan Capistrano, California. Founded November 1, 1776 in colonial *Las Californias* by Spanish Catholic missionaries of the Franciscan Order, it was named for Saint John of Capistrano. The Mission was secularized by the Mexican government in 1833, and returned to the Roman Catholic Church by the United States government in 1865. The Mission was damaged over the years by a number of natural disasters, but restoration and renovation efforts date from around 1910. It functions today as a museum with the Serra Chapel within the compound serving as a chapel for the mission parish.

And while the ruins of "The Great Stone Church", which was all but leveled by an 1812 earthquake, are a renowned architectural wonder, the Mission is perhaps best known for the annual "Return of the Swallows"

which is traditionally observed every March 19 (*Saint Joseph's Day*).

Joke of the Week

Question - *Why are trees so carefree in the fall?*

Answer - Because that's when they can really let loose.

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[**Our Lady of Sorrows Website**](#)