

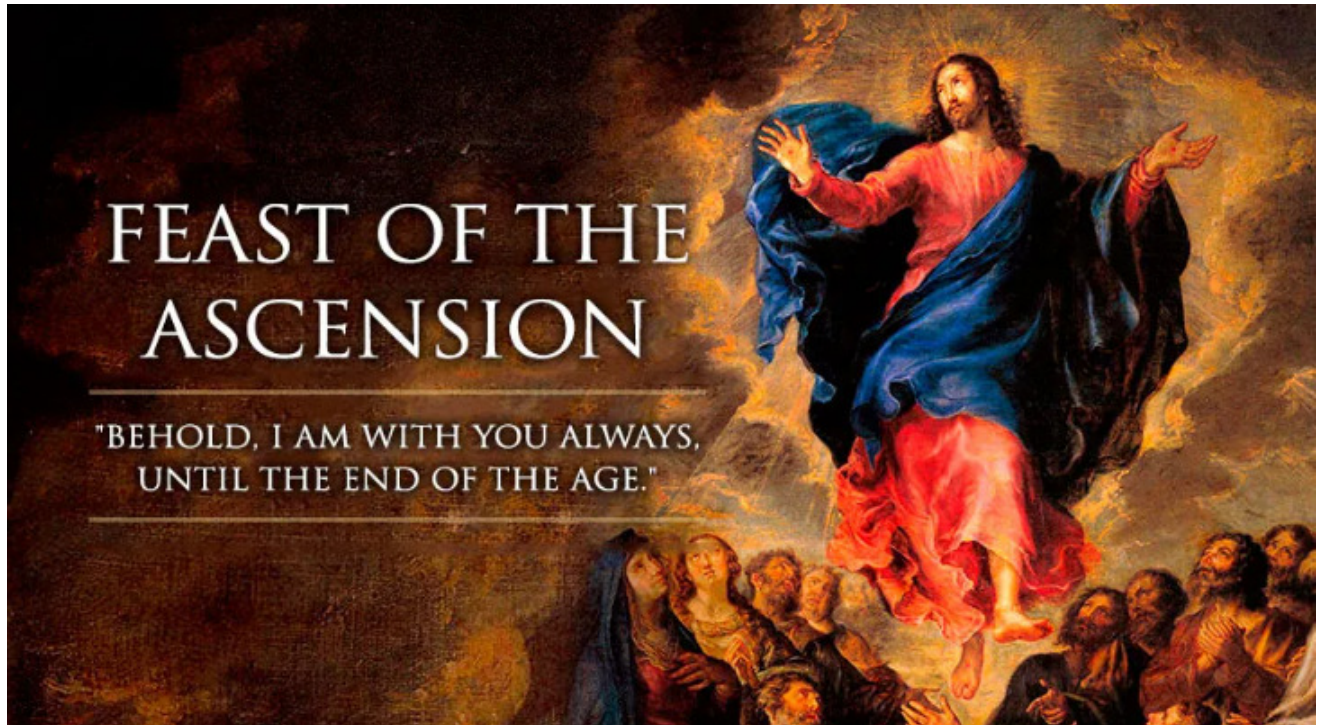


Our Lady of Sorrows

217 PROSPECT STREET, SOUTH ORANGE, NJ 07079

973-763-5454

www.olschurch.com



MASSSES: *Saturday Vigil: 5:30 pm; Sunday 8:00, 10:00 and 11:30 am*

Monday-Friday 7:00 am and 12:00 pm; Saturday 8:30 am and 12:00 pm

Penance: Confessions Saturday 12:45 pm – 2:00 pm or by appointment

Baptism: Contact Parish Office after the birth of your child to begin Baptismal preparation program

Ministry of the Sick: Call Parish Office for anointing of seriously or chronically ill for the Sacrament of Anointing of the Sick and to arrange Communion calls

Marriages: Arrange at least one year in advance with a parish priest

RECTORY and PARISH: 973-763-5454 • FAX: 973-763-9506

MAY 21, 2023

The Ascension of the Lord

A Message from Stephanie Sonnick, Ministerial Associate

Friends,

I am grateful to Father Brian for asking me to pen this bulletin column. My journey into lay ministry as a profession has included many “aha, why didn’t I know that?!” moments, and one of those moments involves the feast that we celebrate today: the Ascension of Jesus into heaven. Below I’ll share with you why we celebrate it and mention two opportunities that the parish is offering in light of it.

How does the Ascension “fit in” to the story of salvation? As my colleague Jen Noll explains each week to our CCD children, mankind’s relationship with God was broken through the sin of our first parents. After thousands of years preparing our hearts (the Old Testament is long!), God revealed himself fully to us in Jesus, true God and true man, who died and conquered death so “that the world might be saved through him” (John 3:16).

So, if we are saved through Jesus, why didn’t Jesus stick around on Earth after His Resurrection, traveling, preaching, and healing people until the end of time? My friends, Jesus ascends to heaven because the story of God saving us doesn’t end with Jesus’ life (or our life) being restored on Earth. Jesus’ life must also be restored in Heaven so that He can intercede for us. From Heaven, the glorified Jesus and God the Father send the gift of their very own divine life into the hearts of God’s followers on Earth. This divine life is called the Holy Spirit.

Yes, it’s true: Jesus died and rose again not just to “wipe the slate clean,” but to give you and me the gift of His own divine life in our own hearts through the sacraments, and in the Church to be an extension of His body on earth. By this gift of the Holy Spirit to the Church, *you and I can still be touched by His hands and nourished by His words and Body* at the Eucharist, because it is God’s very divine life at work. We see this in today’s first reading from the Book of Acts: Jesus proclaims to His followers that they will soon “receive power when the Holy Spirit comes upon you, and you will be my witnesses...to the ends of the earth.” It is only in receiving this gift of the Spirit – God’s very life – that Jesus’ followers can bring His salvation to the ends of the earth.

The reality of the Holy Spirit is a joy-filled truth that many of us (myself included) did not grow up understanding! Luckily, OLS is offering a few opportunities this summer to take a step in that direction. First, I sincerely invite you to join our **Lectio Divina Prayer Workshop**, taking place on Saturday June 3rd from 9-11:15 am. Join us to learn and practice this 4-step approach to prayer that attunes you to the Spirit’s presence in Scripture. (RSVP to olschurchministries@gmail.com. Breakfast is included!) For those feeling a deeper call, the parish is offering an 8-week guided small group “retreat in daily life” based on the Spiritual Exercises of Saint Ignatius. This experience, called *8 Weeks in Manresa: Spiritual Exercises for our Times*, involves daily personal prayer and a weekly discussion group. These Spiritual Exercises have helped millions of people develop a closer relationship with God in their lives; are you being called to do that this summer? Space is limited, so if you’re interested, please email me at olschurchministries@gmail.com.

As a fellow lay person, I can say with all honesty that learning to pray and understand how the Spirit works in the Church, in the sacraments, and in my heart has been clarifying and healing. I pray that you’re able to grow in that same way in your life with Christ!

Peace always! - Stephanie Sonnick, OLS Ministerial Associate

**THE SACRIFICIAL GIVING
OF OUR PARISHIONERS**

<u>May 7th</u>	<u>Week 45</u>	<u>Y. to Date</u>
Collection	\$11,299	\$535,809
Budgeted	\$11,788	\$525,129

Food Pantry \$434
Candles \$455
Archdiocesan Assessment \$319
Catholic Home Mission \$1,813
First Communion \$1,342

Thank you for your generosity!

Please Remember OLS

Thank you for considering OLS in your will. A bequest to the Parish makes a lasting positive change. It is a powerful reflection of the values and principles you treasure. It enables you to create a legacy of love and care for those who most need assistance and it will continue your life's aims beyond your own lifetime.

**Pilgrimage - New Jersey Fatima Shrine -
Saturday, May 20, 2023**

You are invited to travel with members of the OLS Rosary Society and the Knights of Columbus *Regina Pacis* Council to the Fatima Shrine in Washington, NJ. Pilgrims will meet for a light breakfast at OLS at 9 am, carpool to the Shrine and return to OLS by 5:15 pm.

Pilgrimage highlights include:

- Visit replica of the Fatima Capelinha and hear a talk on the "Fatima Apparitions."
- Participate in community recitation of the Rosary and attend Mass at the Shrine's church.
- Opportunities for Confession.
- Lunch at Mamma Maria's Italian Restaurant - estimated cost per pilgrim - less than \$17.50.
- Visit replica of Holy House of Loreto, and hear a talk on "Fatima Devotions."
- Free time to visit gift shop and other Shrine sites, Outdoor Stations; St. Padre Pio shrine, St. Therese and St. St. Francis gardens, etc.

For additional information or to RSVP, contact Kathy Shelffo at kathyshelffo@gmail.com, or John Robertson at maryleads2@aol.com.

Self-Intinction of the Precious Blood is not permitted

As previously noted, the Archdiocese of Newark once again permits the distribution of the Precious Blood (it had not been permitted during the pandemic).

Please also know that self-intinction of the Host into the Precious Blood is not permitted. That is to say, the person receiving the Host is not permitted to dip the Host into the Precious Blood on his or her own. Intinction is only permitted when the priest dips the Host into the Precious Blood and then the person receiving must receive the intincted Host on the tongue.

Following is the Church's teaching: *"Holy Communion may be distributed by intinction in the following manner: Each communicant, while holding a Communion-plate under the mouth, approaches the priest who holds a vessel with the sacred particles, with a minister standing at his side holding the chalice. The Priest takes a Host, intincts it partly in the chalice and, showing it, says, 'The Body and Blood of Christ.' The communicant replies, 'Amen,' receives the Sacrament in the mouth from the priest, and then withdraws. The communicant, including the extraordinary minister, is never allowed to self-communicate, even by means of intinction."*

Due to the complexity of administering Communion by intinction, it is rarely an option to do so in a parish setting, including at OLS. We will therefore not be distributing Communion by intinction at OLS and we request that you do not bring the Host to a Communion minister and ask the minister to dip the Host into the cup or to dip the Host into the cup (self-intinct) yourself.

Please also know that because the Host alone contains the Body, Blood, Soul and Divinity of Jesus, you should not feel compelled to receive the Precious Blood out of a sense that you are somehow receiving "more of Jesus" when you do so.

**Please sign up for Our Lady of Sorrows
Digital newsletter today! Go to our website
main page under news and events.
<http://www.olschurch.com>**



The OLS Knights of Columbus *Regina Pacis* Council is sponsoring a pro-life fundraiser. Here's how you can participate:

- Pick up a baby bottle after Masses on the weekend of *May 20-21*.
- Take the baby bottle home and fill it with spare change, cash, or a check (payable to First Choice), while at the same time praying for First Choice as they serve and empower women in preserving the lives of the unborn and the newborn.
- Return the baby bottle on the weekend of *June 17-18*.

To learn more about First Choice and the important, live-saving work they do: <https://1stchoicefriends.org/>

OLS Hospitality Team Needs You!

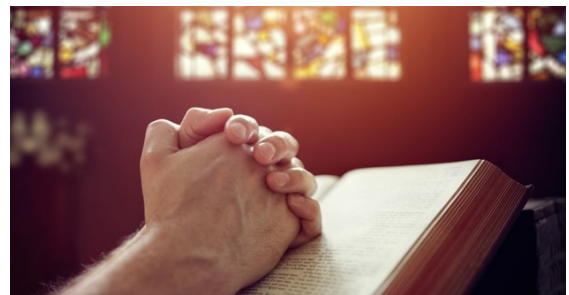
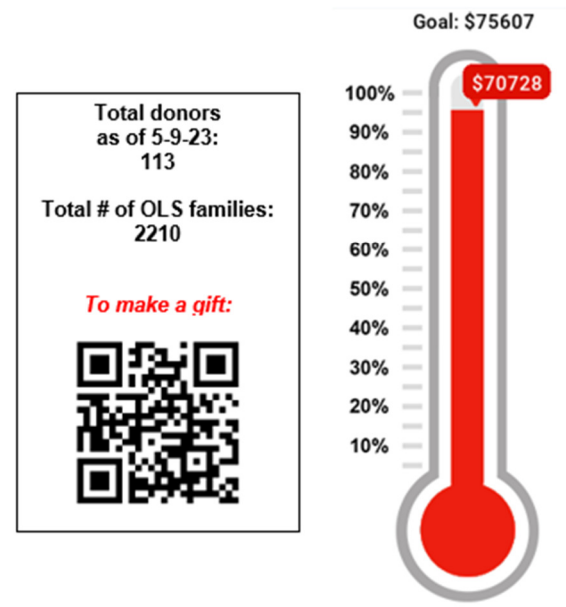
Do you enjoy our OLS parish gatherings? Do you want to meet other parishioners and help welcome others to our favorite parish events, such as the Fall Parish Picnic, our St. Patrick's Day Party, our monthly coffee, bagels and donut gatherings, and other parish events?

If so, you're invited to become a part of our Hospitality Team. We need your help to set up and greet at our parish events to make OLS feel like home to everyone! This ministry is a great fit for anyone looking to get involved in the parish and school community, especially newcomers. We look forward to hearing from you!

If you are interested in being a part of our Hospitality Team, please email: olschurchministries@gmail.com.



Archdiocesan Annual Appeal Catholic Stewardship in Action



8 WEEKS IN MANRESA:

Join our Summer Small Group and Deepen your Life of Prayer!

*The **Spiritual Exercises of St. Ignatius Loyola** have helped millions develop a closer relationship with God in their daily lives—here and now.*

*Join us this summer for **8 Weeks in Manresa: Spiritual Exercises for our Times**, a guided small group "retreat in daily life" based on these Spiritual Exercises.*

*This small group will meet once a week for eight weeks. This opportunity is **perfect for those with an existing prayer life who are seeking depth and understanding in prayer.***

Space is limited - sign up soon! Email Stephanie and Brendan by May 20th with questions or to sign up:

Stephanie: olschurchministries@gmail.com
Brendan: bdjanuary@msn.com



VIGIL, SATURDAY, MAY 20, 2023

5:30 PM Stasia Borowicz

SUNDAY, MAY 21, 2023

8:00 AM People of the Parish

10:00 AM Bruce O'Malley

11:30 AM Elizabeth Giuliano Magnes - 38th
Anniversary

MONDAY, MAY 22, 2023

7:00 AM Grace and John McGrath

12:00 PM Ricardo Gurrea

TUESDAY, MAY 23, 2023

7:00 AM Charles M. Gianni

12:00 PM People of the Parish

WEDNESDAY, MAY 24, 2023

7:00 AM Charles M. Gianni

12:00 PM Josephine Clemens

THURSDAY, MAY 25, 2023

7:00 AM Patrick Joseph McHugh

12:00 PM People of the Parish

FRIDAY, MAY 26, 2023

7:00 AM Rose Shoemaker

12:00 PM Rose Shoemaker - 4th Anniversary

SATURDAY, MAY 27, 2023

8:30 AM Grace McGrath

12:00 PM Patricia Adubato

VIGIL SATURDAY, MAY 27, 2023

5:30 PM Francis Xavier Newall

SUNDAY, MAY 28, 2023

8:00 AM People of the Parish

10:00 AM Bertha Andre - Special Intention

11:30 AM Carrie Pfannenstiel

Welcomed Home by God

Let us remember in our prayers those who have recently passed away at OLS: **Christine M. Corpion**. Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. Amen

In Memoriam

It is a loving gesture to donate the weekly Sanctuary Lamp in memory of a loved one or for a special intention.

MUSIC MINISTRY

Donations to support our wonderful Music Ministry are gratefully accepted. Donations are applied toward the purchase of printed choral music and for instrumentalists for holiday liturgies, concerts and other special occasions.

REMEMBER TO PRAY FOR THE SICK

Please remember to pray for the following in your prayers: Julia Callaghan, Daniel Callaghan, Elizabeth Stuart, Marie Somers, Bill Aber, Neville Moore, Jane O'Donoghue, George Richmond Files Jr., Megan More, Ludgarda Rosa, Stephanie Windsor, Mark F. Davonski, Beth Hebron, Melissa O'Brien, Rita Arena, John Colaku, Kate Mullin, Norma Gonzalez, Agnes Marshall, Bekim Colaku, Mary Jane Tannen, Catherine Sullivan, Robert Charles, Jeanie Marucci, Patricia Bee and Elizabeth Mary, Donna T., Roy Bell, Norma Hermann, Mimi Hermann, Anne O'Brien and Deborah Hebron.



Congratulations to Our Lady of Sorrows First Communicants

Matteo Francisco Alvarado

Lucas Amado Alvarado

Noble Griffin Bachert

James Cazador Bautista-Turpin

Orla Delphine Browne

John Michael Calascibetta

Jackson John Coombe

Charlotte Marie Dixon

Alessandra Adele Garcia

Cecilia Grace Haas

Xavier Grey Hartman

Aaron Casimir Kelly

Alison Marguerite Kelly

Charlotte Reese Kelly

Madeleine Katherine Klare

Sybil Elizabeth Kramer

August Rose La Monica

Marcus Langle

Sofia Fe Le Piane

Helena Koikara Lindal

Caleb Martin Lynch

Fred Labianca McDaniel

Kayson Otto Ndimah

Naomi Saoirse Neuhaus

Layla Eve Nicoletti

Sofia Grace Nicoletti

Emilia Margot Nish

Rourke Augustine Norris

Francis McGlynn Reilly

Henry Wilde Reitmeier

Theodore Scott Reitmeier

Genevieve Weatherly Ripatti

Thomas Harry Robinson

Mason Andrew Rufino

Shane Singh Sandhu

Fritz Bruno Schumann

Julian Christopher Sherman

Ethan Fitzgerald Sison

Braden Patrick Smith

Nina Rose Teti

Madeline Isabel Traas

Chloe Isabella Uras

Cain Tecaliz Valdez

Ricky James Tecalix Valdez

Sofia Natasha Tecalix Valdez

Jack Morrison Walker

Lectio Divina Prayer Workshop

Does reading the Bible seem
dry or intimidating?
Have you always wanted to
really "hear" what God is
saying to you in prayer?
If you answer "yes" to
any of these questions,
then this workshop is
for you!

SATURDAY, JUNE 3RD
9am - 11:15am

Optional Mass at 8:30am | Cold breakfast included

Scan QR or email Stephanie to sign up:
olschurchministries@gmail.com

PS: If you're a parent in need of it, we'll help find you
a babysitter. Just email Stephanie above!



In this Workshop, we'll learn the practice of "Lectio Divina," an accessible 4-step approach to Scripture reading practiced by monks and laity alike since the early Church. We'll then separate into small groups and engage in this style of prayer together!

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