

***Our Lady of Sorrows Church***  
***217 Prospect Street, South Orange, NJ 07079***  
***973-763-5454***  
***www.olschurch.com***



***MASSSES:*** *Saturday Vigil: 5:30 pm; Sunday 8:00, 10:00 and 11:30 am*  
*Monday-Friday 7:00 am and 12:00 pm; Saturday 8:30 am and 12:00 pm*  
***Penance:*** Confessions Saturday 1:00 pm – 2:00 pm or by appointment

***Baptism:*** Contact Parish Office after the birth of your child to begin Baptismal preparation program

***Ministry of the Sick:*** Call Parish Office for anointing of seriously or chronically ill and arrange Communion calls

***Marriages:*** Arrange at least one year in advance with a parish priest

**RECTORY & PARISH: 973-763-5454 • FAX: 973-763-9506 • [www.OLSCHURCH.COM](http://www.OLSCHURCH.COM)**

***FEBRUARY 7, 2021***  
***5<sup>th</sup> Sunday in Ordinary Time***

## A Message from Sr. Mary Selina, S.C.C.

This is Sunday and it's Super Bowl LV 2021!

When I thought of that statement, I ended up with a question before I continued on with this article: As followers of Christ, which part of that statement is truly more important to us: Sunday or Super Bowl? If we were able to get one of the 22,000 tickets that the health department said would be made available to fans, would we attend the game and live stream the Mass, where we encounter the Risen Christ Himself in the Eucharist? Just a thought my friends!!

That is just an aside to what I really had in mind when writing this article. Now for the original reflection. When I read the passage from Job in this Sunday's first reading: "Job spoke, saying: Is not man's life on earth a drudgery? Are not his days those of hirelings? He is a slave who longs for the shade, a hireling who waits for his wages. So I have been assigned months of misery, and troubled nights have been allotted to me. If in bed I say, "When shall I arise?" then the night drags on; I am filled with restlessness until the dawn. My days are swifter than a weaver's shuttle; they come to an end without hope. Remember that my life is like the wind; I shall not see happiness again."

I couldn't help think that I could hear some good people, maybe even myself, saying the same words today with all that is afflicting the world. Therefore, I had to quickly turn to the psalm response and read it prayerfully since it tells us where our hope lies: "The Lord rebuilds Jerusalem; the disperse of Israel he gathers." I won't quote the whole psalm but offer it to all of us to slowly meditate upon.

Despair is not of the Lord and so I went ahead and found that the Lord also restored the prosperity of Job, after he had prayed for his friends. Something to think about. The Lord even gave to Job twice as much as he had before. You might like to take your Bible and read the rest of Job yourself. When we surrender to the Lord and trust Him, even when things seem impossible, we receive more graces than ever before.

Now if we look at the Gospel, we see Jesus getting up before dawn, before everyone else, to pray in a deserted place (certainly a challenge to those of us who are not morning persons☺). Jesus is giving us an example that prayer connects our actions to those of Jesus. In Him we can do the impossible. This brings me back to the second part of the first statement, football. How many times have you heard the Blessed Mother's name invoked at a game—the "Hail Mary" pass? When I first heard it I thought it strange so I looked into it and discovered that Roger Staubach, with the Dallas Cowboys in 1975, trailing 14-10 playing against the Minnesota Viking, got knocked down...closed his eyes and said a Hail Mary, got up and with seconds left on the clock threw a 50 yard pass to wide receiver Drew Pearson, resulting in an improbable touchdown and the win for the Cowboys. I discovered that the Hail Mary he prayed and acted upon has spread beyond football to everyday life to mean that anyone who has trouble can have hope for an incredible comeback.

Even though it was popularized in 1975, the term is said to be first used in football as far back as 1922. In 1922, Notre Dame played Georgia Tech and was trailing 3-0. Notre Dame's guard, Noble Kizer, said to his teammates in the huddle, "Boys, let's have a Hail Mary." They prayed the Hail Mary then and at another time and thus scored two touchdowns, winning the game.

This prayer needs a trusting, believing heart. So both men and women can make power plays in life by living a life of prayer and remembering that when things seem to be impossible say, "*Let's have a Hail Mary.*"

**ARCHDIOCESE OF NEWARK**  
**2021 LENTEN REGULATIONS**

The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.

- On a day of Fast, **only one (1) full meal is permitted, and two (2) smaller meals, which, if added together, would not exceed the main meal in quantity.**
  - Those between the ages of 18 and 59 are obliged to fast.
- On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
- The obligation to observe the laws of Fast and Abstinence "substantially," or as a whole, is a serious obligation.

The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

The time for fulfilling the Paschal Precept (Easter Duty\*) extends from the **First Sunday of Lent, February 21 to The Solemnity of the Most Holy Trinity, May 30, 2021.**

*\*Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*





**THE SACRIFICIAL GIVING  
OF OUR PARISHIONERS**

**Due to the snow storm this will be repeated  
in the next Bulletin**

***Thank you for your continued support!***

**RCIA NEWS**

Please keep Mr. Raymond Aguero in your prayers as he is getting ready more intensely to receive Confirmation at the Easter Vigil. After spending much time in study and prayer Raymond on Feb. 17th, will partake in the Rite of Continuing Conversion in which he will receive the prayer and support of the Church as he makes firm his Baptismal commitment in the sacrament of Confirmation at the Easter Vigil. Please keep Raymond in prayer.

**Christian Initiation Highlights**

Liam Francis Popola was initiated into our Christian Community. We congratulate His parents, godparents and families. Our next Baptismal Celebration will be held on Sunday, February 28, 2021.

**Parish Offices Now Open**

You may now enter our Parish Office on Monday through Friday, from 10:00am-3:00pm. You must enter through the 4th Street entrance. When you arrive, press the new electronic button next to the door and a member of our parish staff will respond. You may visit us during those hours to arrange for Masses, to pick up or drop off items, to drop off food to the Food Pantry, or for any other parish related business. **PLEASE NOTE: A MASK MUST BE WORN AT ALL TIMES WHEN YOU VISIT US.** We look forward to seeing you!

**New Confession start time**

Confessions will begin to be heard at 12:45 pm on Saturdays (rather than 1:00 pm) and will continue until 2:00 pm. This adds an additional 15 minutes of scheduled confession time.

**Monday February 17<sup>th</sup> is Presidents' Day we will have one Mass only in the upper church at 9:00 am**

**Tables in front vestibule of church**

Please do not leave any flyers, newsletters, brochures, etc. on the tables in the front vestibule of the church. We have discovered material left on the tables that is of a political nature and/or non-religious nature. We will put all such material immediately into the trash. Please check with church staff first if you would like to leave any material on the tables. Thank you for your cooperation in this matter!

**Meet Our Staff**

**Rev. Brian X. Needles, Pastor**

**[fbrianneedles@gmail.com](mailto:fbrianneedles@gmail.com)**

**Rev. Richard Pfannenstiel, Parochial Vicar**

**[Fanmann91@msn.com](mailto:Fanmann91@msn.com)**

**Rev. Eugenio (Gino) de la Rama, Priest in Residence**

**Deacon Walter Wiggins, Permanent Deacon**

**[deaconwalt@outlook.com](mailto:deaconwalt@outlook.com)**

**Ms. Judy Foley, School Principal**

**[principal@ourladyofsorrowsschool.org](mailto:principal@ourladyofsorrowsschool.org)**

**Sr. Mary Selina, S.C.C., Pastoral Associate**

**[passociate07@gmail.com](mailto:passociate07@gmail.com)**

**Jennifer Noll, Catechetical Coordinator**

**[jennollols@gmail.com](mailto:jennollols@gmail.com)**

**Christopher Kaiser, Youth Minister**

**[kaiserch@shu.edu](mailto:kaiserch@shu.edu)**

**Colleen McDonald, Administrative Assistant**

**[sorrowchurch@gmail.com](mailto:sorrowchurch@gmail.com)**

**Preston Dibble, Director of Music**

**[olsmusician@gmail.com](mailto:olsmusician@gmail.com)**

**Karlene Campbell, Nursery Director**

**[karlene@thenurseryatols.org](mailto:karlene@thenurseryatols.org)**

**Charles Noun, Business Manager**

**[ols217so@msn.com](mailto:ols217so@msn.com)**

**Anne Moore, Parish Secretary**

**[ols.pastor@verizon.net](mailto:ols.pastor@verizon.net)**

**Please sign up for Our Lady of Sorrows  
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main page under news and events.  
<http://www.olschurch.com>**

### Stewardship Reflections

*"Rising very early before dawn, he left and went off to a deserted place, where he prayed...He told them, 'Let us go on to the nearby villages and that I may preach there also. For this purpose have I come.'"* – Mark 1:35, 38

In today's Gospel reading we see a perfect example of stewardship. Jesus gives his time to do all that God wishes – healing the sick and preaching. But before He begins, Jesus makes time to be alone with God in prayer. It is through prayer, spending time with God, that we find the strength to do what He wishes us to do. Be sure to find time every day to be with God.

### Update from the OLS Food Pantry

The COVID-19 pandemic has taken a tremendous toll on local families. Prior to March, we served 100-125 families each week. For the past 2 months, we have provided bags of groceries to 400-450 families on our Saturday distribution dates.

Please help us keep our shelves stocked with basic grocery items including boxed milk (1qt, all types), hot/cold cereal (low sugar), pasta and sauce, peanut butter and jelly, beans (can/dry), canned tuna & chicken, rice (1lb bags, all types), canned fruit and vegetables. Food donations can be dropped off outside of the Food Pantry Monday-Friday 10am-3pm or Saturday, 8:30am-3:00 pm and at the front door of the rectory 3-5pm Monday-Saturday. Monetary donations are also accepted by check (payable to 'OLS Food Pantry' and mailed to the church at 217 Prospect Street) or online at <https://olschurch.com/parish-giving/> Questions? Email [olspantry@gmail.com](mailto:olspantry@gmail.com) or call 973-370-0458.



### NATIONAL MARRIAGE WEEK 7 -- 14

#### Prayer for Married Couples

Almighty Eternal God, You blessed the union of married couples so that they might reflect the union of Christ with his Church: look with kindness on them. Renew their marriage covenant, increase your love in them, and strengthen their bond of peace so that, they may always rejoice in the gift of your blessing. We ask this through Christ our Lord. Amen.



### End-of-year tax planning

Now is the time of the year to consider final tax planning for 2020. You may be aware that Required Minimum Distributions (RMDs) from your qualified retirement accounts (401-k, 403(b), IRAs) have been waived in 2020 pursuant to the Coronavirus Aid, Relief, and Economic Security (CARES) Act. If you would like to consider a donation to Our Lady of Sorrows, you may use a qualified charitable distribution (QCD). This permits you to distribute your RMD (up to \$100,000) to the charity of your choice without having to pay income tax on the distribution. The ability to exclude the RMD from your income is in place of taking a distribution for your charitable contribution. Please be advised that this is not tax advice. Questions should be discussed with your accountant or tax advisor.

### Adoration of the Blessed Sacrament

We once again have Adoration of the Blessed Sacrament every Monday and Friday, from 12:30pm - 3:00pm, concluding with recitation of the Divine Mercy Chaplet. Please consider spending some quiet time in prayer before Our Lord in the exposed Eucharist. What the world, our nation, our Church, and our families need more than anything else right now is time spent with Jesus in quiet prayer. Honestly, can you think of any better way to use a few minutes of your Monday and Friday afternoons than with Our Lord in the peaceful quiet of our beautiful church?

VIRTUAL  
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**NIGHT?**

*Catholic Edition!*

Thursday, Feb. 25, 7:00 pm

A fun way to learn more about your Catholic faith!

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Adult and children's versions!

Register On **Eventbrite**



SCAN ME



# Men's Lenten Retreat Saturday, March 13

**Men of the parish are invited to participate in a 1/2 day Lenten retreat sponsored by the OLS Wednesday Morning Men's Prayer Group**

**Date:** Saturday, March 13, 2021 - 10:00 AM - 3:00 PM  
**Mass:** 8:30 AM Mass at OLS (optional)  
**Venue: \*** Villa Pauline, Mendham, NJ (carpooling from OLS parking lot after Mass)  
Gather at Villa Pauline for 10:00 am start  
**Leader: \*\*** Linda M. Garofalo  
**Theme:\*\*\*** Exodus and Easter: Lenten Parallels.  
**Program:** Continental breakfast upon arrival at Villa Pauline, full hot lunch, two presentations, opportunity for private prayer and reflection, Exposition of the Blessed Sacrament and Benediction conducted by Deacon Walter Wiggins of OLS.  
**Cost:** \$40.00 (includes continental breakfast upon arrival and full lunch)

For Reservations and questions, contact Len Mrozak (908 872-4968); [lmrozak@aol.com](mailto:lmrozak@aol.com)

\* The Villa Pauline Retreat and Spiritual Center is located on the beautiful grounds of The Sisters of Christian Charity Mallinckrodt Convent in Mendham. Carpooling will be available. Visit their website: [scceast.org](http://scceast.org)

\*\* Linda M. Garofalo has an MA in Theology and a background in adult religious education. She currently works in professional development for faculty and administrators at Seton Hall University.

\*\*\* Exodus and Easter: Lenten Parallel:

The parallels between the events of the Exodus and the events of Easter offer a unique opportunity to enrich our understanding of redemption in both the Old and the New Testaments. The prophet, Moses, and the Exodus suggest a pattern for our spiritual life that challenges our understanding of God and His ways, while the Lenten season presents an occasion for deepening our relationship with Him.

Covid-19 protocols are in effect:

1. Maximum participants allowed – 20
2. Temperatures will be taken upon arrival
3. Masks must be worn. (Please bring your mask)
4. Social Distancing will be enforced throughout the Center
5. Food will be served by the staff
6. All dishes will be washed and sanitized.



### Nursery Opening

Infant Teacher Position openings

The Nursery

7:30am -12:30pm

&

9:00am-5:00 pm 5 days a week.

Experience preferred

If you are interested please reach out to  
Karlene Snipe Director at 973-763-4040 ext.1 or email  
[karlene@thenurseryatols.org](mailto:karlene@thenurseryatols.org)





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First Drawing: January 15, 2021

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## 2021 Mass Book

The 2021 Mass book is now open. You may send in your Mass intention requests by mail. The donation for Masses is \$10 for each one. Please use the form below to submit requests by mail or place this form in the Sunday collection basket. When we receive your request, we will call you to let you know if the date and time you requested is unavailable. If you require a Mass card, we will mail it to you (please check the box below if you wish to have a Mass card).

Requested by \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Name of the deceased or Special Intention (please specify): \_\_\_\_\_

Is a Mass card required? ☐ Yes ☐ No

Date (weekday) \_\_\_\_\_ ☐ 7:00 am ☐ 12:00 Noon

Date (Saturday) \_\_\_\_\_ ☐ 8:30 am ☐ 12:00 Noon

Date (Saturday Vigil/Sunday) \_\_\_\_\_ ☐ 5:30 pm ☐ 8:00 am  
☐ 10:00 am ☐ 11:30 am

Name of the deceased or Special Intention (please specify): \_\_\_\_\_

Is a Mass card required? ☐ Yes ☐ No

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☐ 10:00 am ☐ 11:30 am

Amount enclosed: \$\_\_\_\_\_ (make check payable to Our Lady of Sorrows)

## Helping Those in Need: Society of St. Vincent de Paul

*"Whatever you did for one of these least brothers of mine,  
you did for me." (Mt 25:40)*

Inspired by Gospel values, the Society of St. Vincent de Paul, a Catholic lay organization, leads women and men to join together to grow spiritually by offering person-to-person service to those who are needy and suffering. This is done in the tradition of its founder, Blessed Frederic Ozanam, and its patron, St. Vincent de Paul.

The Society is one of the largest charitable organizations in the country. The purpose of the Society is to bear witness to the love of Christ. Our parish group does this by offering financial assistance to individuals and families temporarily unable to meet their current living expenses.

Every effort is made to provide this assistance in ways that respect the dignity of the recipient and the strictest confidentiality of the relationship between the recipient and the Society. People of all backgrounds and religions can receive assistance.



**Email [olssvdp@aol.com](mailto:olssvdp@aol.com) if you are in need of assistance.**

The Society cannot do this alone. We are therefore most grateful for the monetary donations we receive in order to carry out our work. Donations may be sent to: Our Lady of Sorrows Church, c/o Society of St. Vincent de Paul, 217 Prospect Street, South Orange, NJ 07079. Checks should be made out to the Society of St. Vincent de Paul. Thank you for helping us bear witness to the love of Christ.



## COVID-19 Crisis Counseling Services

NJ Hope and Healing Crisis Counseling Program (CCP) at the Family Service Bureau of Newark is available to assist communities affected by COVID-19. We are a neighbor helping neighbor team with staff on-call to provide the following services:

- Online Support for Stress Management Techniques
- Develop New Coping Skills
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- Communication Techniques
  - Resource Linkage



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*Services offered in Bergen, Essex, Hudson and Passaic counties.  
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**Services are available  
remotely for families,  
individuals and youth.**



*This program is brought to you by/through NJ Hope and Healing Crisis Counseling Program (CCP). Family Service Bureau of Newark in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a FEMA/SAMHSA grant.*





### **SATURDAY, FEBRUARY 6, 2021**

5:30 PM All Rosarians Living & Deceased

### **SUNDAY, FEBRUARY 7, 2021**

8:00 AM People of the Parish

10:00 AM Vincentia Lewis

11:30 AM Donald G. Wilms

### **MONDAY, FEBRUARY 8, 2021**

7:00 AM Guido Striano

12:00 PM Mary DiPrenda

### **TUESDAY, FEBRUARY 9, 2021**

7:00AM Jeanne Marie Lavacy

12:00 PM Leo Dupuis

### **WEDNESDAY, FEBRUARY 10, 2021**

7:00 AM Joseph & Alice McAleer

12:00 PM Donald Dobbin

### **THURSDAY, FEBRUARY 11, 2021**

7:00AM Ayoub Family

12:00 PM Nancy Sullivan

### **FRIDAY, FEBRUARY 12, 2021**

7:00 AM Kathleen Schmieder

12:00PM people of the Parish

### **SATURDAY, FEBRUARY 13, 2021**

8:30 AM Ayoub Family

12:00 PM David Kugel

### **VIGIL MASS FEBRUARY 13, 2021**

5:30 PM People of the Parish

### **SUNDAY, FEBRUARY 14 2021**

8:00 AM Ann Gallo

10:00 AM The Deceased Members of the  
Lambusta and Abramo Families

11:30 AM Angela Buch 40<sup>th</sup> Anniversary

### **In Sympathy Of**

Let us remember in our prayers those who have recently passed away at OLS: **Thomas Tevlin**. We pray for the repose of her soul and also for those left behind during this time of loss.

### **In Memoriam**

It is a loving gesture to donate the weekly Sanctuary Lamp in memory of a loved one or for a special intention.

This Week's **Sanctuary Candle** in the Upper Church is being offered in loving memory of **Donald G. Wilms**. Requested by Maria Wilms.

### **MUSIC MINISTRY**

Donations to support our Music Ministry are gratefully accepted. Donations are applied toward the purchase of printed choral music and instrumentalists for holiday liturgies, concerts & special occasions.

### **REMEMBER TO PRAY FOR THE SICK**

Please remember to pray for the following in your prayers: Julia Callaghan, Angie Sena, Daniel Callaghan, Elizabeth Stuart, Marie Somers, Bill Aber, Neville Moore, Jane O'Donoghue, George Richmond Files Jr., Megan More, Ludgarda Rosa, Stephanie Windsor, Amy Dombrowski, Mark F. Davonski, Beth Hebron, Jennifer Bober, Rosemary Muller, Melissa O'Brien, Rita Arena, John Colaku, Pat Bendrot, Deacon Raj Srinivasa and Kate Mullin.



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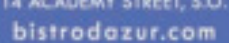
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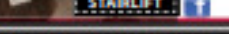
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