



Our Lady of Sorrows

217 PROSPECT STREET, SOUTH ORANGE, NJ 07079

973-763-5454

www.olschurch.com



MASSSES: *Saturday Vigil: 5:30 pm; Sunday 8:00, 10:00 and 11:30 am*

Monday-Friday 7:00 am and 12:00 pm; Saturday 8:30 am and 12:00 pm

Penance: Confessions Saturday 12:45 pm – 2:00 pm or by appointment

Baptism: Contact Parish Office after the birth of your child to begin Baptismal preparation program

Ministry of the Sick: Call Parish Office for anointing of seriously or chronically ill for the Sacrament of Anointing of the Sick and to arrange Communion calls

Marriages: Arrange at least one year in advance with a parish priest

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February 26, 2023

1st Sunday of Lent

A Message from Fr. Brian

Did you hear about the guy who went on a diet? He took his new diet seriously, even changing the route that he drove to work so as to avoid his favorite bakery. And he was doing great until one day he accidentally drove his old route which took him by the bakery and as he approached he began to get a whiff of the wonderful smells coming from the bakery. He knew he was in trouble. He knew this would be a tough temptation to resist and so he said a quick prayer. He said, "Lord, help me to resist this temptation, but if you really want me to stop at the bakery to get my favorite pastry, well then, let me know by opening up a parking spot right in front of the bakery." And sure enough, the 5th time around the block, he found that spot.

We all face temptations, right? We hear in this Sunday's first reading how the serpent tempted Adam and Eve in the Garden of Eden. Even Our Blessed Lord faced temptations. As we hear in this Sunday's Gospel, at the very beginning of His public ministry, Jesus confronted – face to face – the evil of the world. He retreated into the desert and remained there for 40 days, tempted by Satan. We know, of course that Jesus left that desert victorious over Satan.

With Lent just a few days old now, it's a good time to remind ourselves that Satan really does exist and that he is actively trying to tempt us, especially during this holy season of Lent when we're trying to grow in holiness. Satan, of course, would love nothing more than to disrupt our attempt to grow in holiness.

That's the bad news. The good news is that with the victory of Jesus Christ, the devil's dominion has been shattered. Because of Our Lord's redeeming work on the Cross, the devil can only cause real harm to those who freely allow him to do so, to those who consent to evil, to those who freely give-in to temptation.

There's no point denying that we struggle against temptation. But we need to know that we're not powerless. It's within our power to resist Satan and his enticements. We don't need to inject ourselves into his devious world. We don't need to fall for his tricks.

And Our Lord has left us many weapons to fight against temptation, including those that the Church suggests for us during Lent: prayer, fasting and almsgiving. My friends, we're engaged in spiritual warfare. If we think we can fight the battle by ourselves, we're just fooling ourselves. The enemy is much more clever than we are. But with God, we become much more powerful than the enemy. And God has given us the weapons, especially during this Lenten season, to take on the enemy. If we don't make use of them, we might as well just hoist up the white flag of surrender.

So, one of our goals this Lent should be to examine the temptations that we face every day and the way we react to them. How much of a fight do we put up against temptation? Are we smart enough to make use of the weapons that God has given us to fight against temptation?

Lent is a time for conversion. Let's not allow this Lent to pass by without stimulating in our souls a deep desire to overcome our temptations. Anyone who has been on a diet will tell you the same thing: that extra pastry is tempting and might taste awfully good, but you'll pay the price later.

Lenten Blessings,



THE SACRIFICIAL GIVING OF OUR PARISHIONERS

February 12th	Week 34	Y. To Date
Collection	\$11,517	\$403,013
Budgeted	\$11,788	\$400,790

Church in Central and Eastern Europe \$1,588
Food Pantry \$1,258

Thank you for your generosity!

Please Remember OLS

Don't have a will? You are not alone. Now is a great time to start planning and please consider including a bequest to OLS in your estate plans. Bequest funds are vital to ensuring the Parish continues to thrive and minister to our parishioners.

Congratulations to our second 2023 Calendar Raffle Winner!

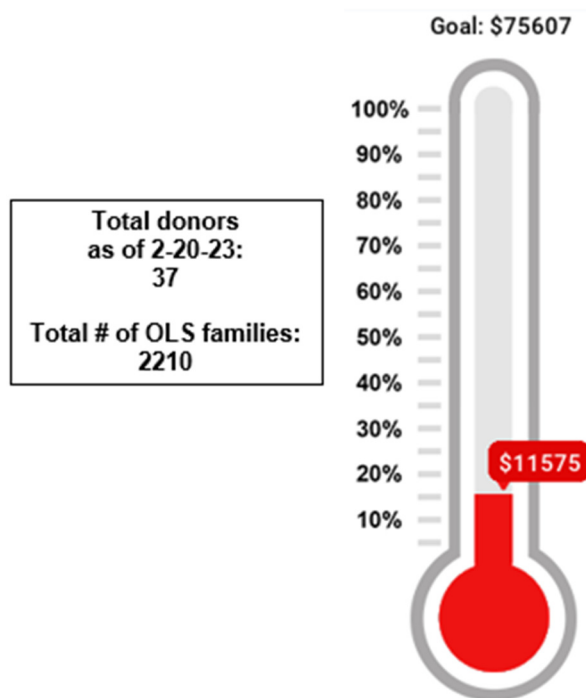
Congratulations to Geoffrey Webber on winning our 2nd of 12 monthly drawings in our calendar raffle. Geoffrey won \$1,500! Geoffrey's ticket went right back in the raffle drum for subsequent monthly drawings. It's certainly not too late to purchase a ticket, which will give you a chance to win one or more of the next 10 drawings. You can download the form from our Eblast or go onto our website olschurch.com & purchase directly. We also have copies of the form in the church vestibule. You can drop the raffle form with a \$120 Check into the Sunday collection. Our next drawing is March 15th. Good luck to everyone!

Save the Date!

Saturday, March 18, 2023, 6:30 pm



Archdiocesan Annual Appeal Catholic Stewardship in Action



Stations of the Cross

We will pray the Stations of the Cross on Fridays during Lent at 7:00 pm. Please join us as we accompany Our Lord on the road to Calvary.



2023 Lenten Regulations

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.

On a day of Fast, only one (1) full meal is permitted, **and two (2) smaller meals which, if added together, would not exceed the main meal in quantity.** Those between the ages of 18 and 59 are obliged to fast.

On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

2. The obligation to observe the laws of Fast and Abstinence "substantially," or as a whole, is a serious obligation.

3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, February 26, 2023 to the Solemnity of the Most Holy Trinity, June 4, 2023.**



Meet Our Staff

Rev. Brian X. Needles, Pastor

frbrianneedles@gmail.com

Rev. Robert Suszko, Weekend Assistant

Rev. Richard Pfannenstiel, Priest in Residence

Rev. Eugenio (Gino) de la Rama, Priest in Residence

Deacon Walter Wiggins, Permanent Deacon

deaconwalt@outlook.com

Deacon Andrew Lee, Transitional Deacon

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Ms. Judy Foley, School Principal

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Karlene Campbell, Nursery Director

karlene@thenurseryatols.org

Charles Noun, Business Manager

ols217so@msn.com

Anne Moore, Parish Secretary

ols.pastor@verizon.net

Adoration of the Blessed Sacrament

We have Adoration of the Blessed Sacrament every Monday and Friday, from 12:30pm – 3:00pm, concluding with the Divine Mercy Chaplet. Spend some quiet time in prayer before Our Lord in the exposed Eucharist. Honestly, can you think of any better way to use a few minutes of your day than with Our Lord in the peaceful quiet of our beautiful church?





VIGIL, SATURDAY, FEBRUARY 25, 2023

5:30 PM Amy Edwards

SUNDAY, FEBRUARY 26, 2023

8:00 AM People of the Parish

10:00 AM Frank D'Alessio

11:30 AM Phyllis C. Van Dyke

MONDAY, FEBRUARY 27, 2023

7:00 AM Paul Walter

12:00 PM Maureen Stumpt

TUESDAY, FEBRUARY 28, 2023

7:00 AM Barbara McWilliams

12:00 PM Anthony Richards

WEDNESDAY, MARCH 1, 2023

7:00 AM Agnes Blair

12:00 PM James Richards

THURSDAY, MARCH 2, 2023

7:00 AM Catherine Zambrano

12:00 PM Mary Ellen Rustum

FRIDAY, MARCH 3, 2023

7:00 AM The Souls in Purgatory

12:00 PM James Mitchell

SATURDAY, MARCH 4, 2023

8:30 AM Ernestine Holmok and Jessie
McNamara

12:00 PM Anna Jemas

VIGIL SATURDAY, MARCH 4, 2022

5:30 PM Mary Hayes

SUNDAY, MARCH 5, 2023

8:00 AM Victor Wright

10:00 AM People of the Parish

11:30 AM Billy Powers

Welcomed Home by God

Let us remember in our prayers those who have recently passed away here at OLS: **Rosemarie Iantosca**. Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. Amen.

In Memoriam

It is a loving gesture to donate the weekly Sanctuary Lamp in memory of a loved one or for a special intention.

The Sanctuary Candle in the upper church is in loving memory of **The O'Connor Family**. Requested by Manny and Christina.

MUSIC MINISTRY

Donations to support our wonderful Music Ministry are gratefully accepted. Donations are applied toward the purchase of printed choral music and for instrumentalists for holiday liturgies, concerts and other special occasions.

REMEMBER TO PRAY FOR THE SICK

Please remember to pray for the following in your prayers: Cathy Craig, Julia Callaghan, Daniel Callaghan, Elizabeth Stuart, Marie Somers, Bill Aber, Neville Moore, Jane O'Donoghue, George Richmond Files Jr., Megan More, Ludgarda Rosa, Stephanie Windsor, Amy Dombrowski, Mark F. Davonski, Beth Hebron, Melissa O'Brien, Rita Arena, John Colaku, Kate Mullin, Norma Gonzalez, Agnes Marshall, Bekim Colaku, Mary Jane Tannen, Catherine Sullivan, Robert Charles, Jeanie Marucci, Patricia Bee and Elizabeth Mary, Donna T., Roy Bell, Norma Hermann, Mimi Hermann, Jennie Magliaro, Annalise Magilaro, Grace McGrath and Anne O'Brien.



A BIBLICAL
WALK
THROUGH THE
MASS



Join a Small Group this Lent and
Discover the *Deep Meaning* of the Mass!

Everything we do in the Liturgy is
steeped in biblical language and
deep, cosmic significance.

*But sometimes, it's the longest hour of
our week!*

Join a Lenten small group this
year & get to know your fellow
parishioners as we journey
together into the biblical roots of
the Mass. You'll emerge **knowing
others and the love of God more
deeply than before!**

Tuesday Evenings
7pm – 8pm

*Dates: Feb 28,
March 7, 14, 21, 28*

In-Person or Virtual



Scan QR code or email to register:
olschurchministries@gmail.com



Men's Lenten Day of Recollection Saturday, March 25

All men of the parish are invited to participate

Date /Time Saturday, March 25, 9:00 AM - 3:00 PM
Location: * Villa Pauline Retreat and Spiritual Center, Mendham,
NJ
Presenter: Allan Wright
Cost: \$50.00

***“Speaking of Faith: Engaging our Family, Friends and others in a way that’s
normal and effective.”***

Allan Wright is a well-known Author and Speaker and an Adjunct Professor at Seton Hall University.

Please join us as Allan leads us in a relaxing and rewarding day of reflection, faith and fellowship.

About our presenter: <https://allanwright.org/>

Program:

- Continental Breakfast upon arrival
- First Presentation by Allan Wright
- Recitation of the Rosary
- Private Reflection
- Hot Lunch
- Second Presentation by Allan Wright
- Exposition of the Blessed Sacrament and Benediction (Deacon Walter Wiggins)
- Dismissal by 3:00 PM

For Reservations, contact Len Mrozak: (908 872-4968) or lmrozak@aol.com

* The Villa Pauline Retreat and Spiritual Center is located on the beautiful grounds of The Sisters of Christian Charity Mallinckrodt Convent in Mendham. Carpooling from OLS will be available. Visit their website scceast.org

[Sponsored by the Knights of Columbus, Regina Pacis Council #4066](#)

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