## Our Lady of Sorrows Church 217 Prospect Street, South Orange, NJ 07079

 973-763-5454www.olschurch.com


MASSES: Saturday Vigil: 5:30 pm, Sunday 8:00, 10:00 \& 11:30 am Monday-Friday 7:00 am, 12:00 pm Saturday 8:30 am, 12:00 pm (Lower Church)

Penance: Confessions Saturday 1:00 pm - 2:00 pm or by appointment
Baptism: Contact Parish Office after the birth of your child to begin Baptismal preparation program Ministry of the Sick: Call Parish Office for anointing of seriously or chronically ill and arrange communion calls Marriages: Arrange at least one year in advance with a parish priest

RECTORY \& PARISH: 973-763-5454 • FAX: 973-763-9506 • www.OLSCHURCH.COM CHARLES NOUN: OLS217SO@MSN.COM•FR. BRIAN X. NEEDLES: FRBRIANNEEDLES@GMAIL.COM

October 20, 2019
29th Sunday in Ordinary Time

## A MESSAGE FROM FR. RICH

"Pray" "Pray" "Pray"
Our scripture readings this weekend are admonishes to prayer---and to pray always.
During Israel's battle with Amalek, Moses lifted up his arms and hands in prayer. As long as he did this, Israel had the better of the fight. But as his arms dropped, that is, as his prayer began to grow weary, Israel's foe, Amalek, got the better of the fight. Moses lifting up his arms and hands is a sign of prayer. It reminds us of the Baltimore Catechism's \#3 question 1099, "What is prayer?" Answer- 'Prayer is the lifting up of our mind and heart to God to adore Him, to thank Him for His benefits, to ask His forgiveness, and to beg of Him, all the graces we need whether for soul or body."

But another thing that is interesting about Moses prayer action, is that Moses' brother Aaron and their friend Hur, when Moses grew tired, placed a rock under Moses to sit on and then they supported his hands, so that Moses' arms lifted up in prayer could be strengthened by their raising of their arms and hands. A great visual of a prayer group.

Our prayers can be magnified and strengthened by others assisting in prayer. That is the importance of us coming together physically in prayer. Prayer is more invigorated when we pray together.

If we are observant enough, we know that this lifting up of our arms and hands to God occurs in the Holy Sacrifice of the Mass. Just before we call down the Holy Spirit to sanctify, that is to make Holy, the bread and wine on our altar in anticipation of Our Lord's descending from Heaven to become present on our altar under the appearance of bread and wine, we have the following dialogue:

Priest: The Lord be with you.
People: And with your Spirit
Priest: Lift up your hearts (lifting up his arms and hands)
People: We lift them up to the Lord
Priest: Let us give thanks to the Lord our God
People: It is right and just
It is at that precise moment that we lift up our minds and hearts in prayer to God to allow us to enter into Heaven on Earth by the calling on Christ to descend to our altar at the Consecration.

And because we make that prayer united with the prayer of Christ who offers and sacrifices Himself, our prayer united with His is eternal-because He is eternal.

Now, what better way is there for us to "pray always" as Christ Himself commands us. You see, Our God never demands from us what He does not first give us the means to accomplish. Of course, because He continually makes Himself personally Present in our tabernacles to each of us personally, each of us should take actions to make ourselves continually personally present to the Lord.

Before we begin the various duties and functions we perform every day, take a brief moment to acknowledge our Lord and to dedicate to our Lord what we are about to do next. In this way we thank Him for allowing us to accomplish these deeds by acknowledging His Divine Providence which sustains us.

Stop by a Catholic Church daily and spend a few minute with our Lord who makes Himself available to us 24 hours a day in our Tabernacles. He's waiting for us to stop by for a visit. And He's always home! You never have to worry about a wasted trip.

Receive our Lord's mercy and forgiveness that He longs to lavish on us in His Sacrament of Reconciliation.
Most importantly of all, come to join with Him in His Great Prayer, His Holy Sacrifice of the Mass, where He allows us to be united with Him in His eternal Prayer to His Father on our behalf, and most graciously allows us to be Really and Truly united with Him in His Body and Blood, Soul and Divinity in the reception of the Holy Eucharist.
Now that's an offer we should never refuse!

With God's Love
Fr. Rich

THE SACRAFICIAL GIVING OF OUR PARISHIONERS
Because of the Columbus Day Holiday this will be reported next week.

## The Parish Staff

Rev. Brian X. Needles, Administrator Rev. Richard Pfannenstiel, Parochial Vicar
Rev. Peter Okafor, Priest in Residence
Deacon John M. Inguaggiato
Deacon Walter Wiggins
Sr. Mary Selina McHugh, S.C.C., Pastoral Associate
Judy Foley, Principal
Jennifer Noll, Catechetical Coordinator Christopher Kaiser, Youth Minister Preston Dibble, Music Director/Organist Karlene Campbell, Nursery Director Charles Noun, Business Manager

## Men's Retreat Day!

Men of the parish are invited to join us for a day of reflection/retreat on Saturday, Nov 9, at St Joseph Shrine in Stirling, NJ. The program will include two presentations, time for private reflection and prayer, Mass, and an opportunity for confession. It will start at 9:00 AM and end around 3:00 PM. Fr Peter Okafor will be our spiritual leader for the day. The event is sponsored by the Wednesday Morning Men's Prayer Group. The cost is $\$ 40.00$ and includes a continental breakfast and full hot meal for lunch. Car pooling will be available. For reservations or questions, please contact Len Mrozak (lmrozak@aol.com / 908 8724968) or Greg Tobin (gmgso@aa.org / 973 818-2547).

## Become a Pastoral Care Volunteer at St. Barnabas Medical Center

Join other OLS parishioners who serve in the Pastoral Care Department at St. Barnabas. No formal training or past experience is required. Eucharistic Ministers are also most welcome to carry out your ministry at the hospital. Please consider committing one weekday morning a week to visiting patients' bedsides and being a supportive presence. If interested, contact Reverend Thomas Craig, who will provide training, at (973) 322-5015.

## Saint Gianna Beretta Molla Pro-Life Ministry



Month One: Developing Baby
Your spiritually adopted baby has been quite active over the past month. Already your baby is 10,000 times bigger than at conception. Your baby has developed the foundations of the brain, spinal cord, and nervous system by the 20th day. Your baby's heart began to beat on the 21st day and is pumping blood through its own circulatory system. Your baby is most vulnerable during this next month of being aborted. Pray that the Lord of Life might move the heart of the mother to give her baby the most precious gift of all the gift of life.

If you or someone you know would like to receive these updates via email, contact elena.santoliquido@gmail.com.

## Special Announcement

In honor of Respect Life Month, please join Fr. Rich and members of our pro-life ministry for a special Holy Hour for Life on Wednesday, October 23, at 7:00 P.M. in the upper church All are welcome!
"We need to bring the Gospel of life to the heart of every man and woman and to make it penetrate every part of society" (Evangelium vitae 80).

## Men's Prayer Breakfast

Would you like to acquire a greater resolution from the Sunday Gospel and Homily? The Men's Prayer Breakfast is the place to be. Join other men every Wednesday morning at 6 a.m. in the lower church. "Let your good spirit lead you to me on a level path" Rise and Shine with the Lord.

## Parish Bulletin

A reminder that if you are ever away, you can always read our weekly parish Bulletin on our parish website at: www.olschurch.com. Simply click the link for "Bulletin".

## Socktober

Our School Student Council is working with the Maplewood Rotary to collect socks. There is a collection box in the vestibule of the church.


MAPLEWOOD ROTARY CLUB PRESENTS
sock drive to benefit the
homeless families in our communities

SOCKS ARE ESSENTIAL TO THE HEALTH AND WELL-BEING OF HOMELESS INOIVIDUALS

## Prayer for Vocations

Lord Jesus, Good Shepherd, may young people in our parish hear your call and follow your voice as they discern their vocations. Lead your people to heaven through the ministry of holy priests and consecrated men and woman. Jesus, we trust in you! Amen

## Live Mass Broadcast

Please tune into Seton Hall Pirate Radio WSOU 89.5 FM to hear Our Lady of Sorrows 10:00 am Mass on Sundays.

## Sponsor Certificates

A reminder that in order to receive a sponsor certificate for baptism or confirmation you must be registered in the parish for a minimum of six months. Sponsor Certificates state that the individual is a registered member of our parish and is a Catholic in good standing.

## Come Adore the Lord

God is always with us, but so often we are not with God. If only for a few minutes, visit Jesus truly present in the Blessed Sacrament exposed on the altar in the chapel downstairs every Monday and Friday from 12:30 till 3:00 pm. At 3pm, the hour of Christ's total abandonment and death on the cross for us we offer Him our love by praying the powerful 10 minute long Chaplet of the Divine Mercy. Let us put our faith into action!

## MASS OF REMEMBRANCE

## Saturday, November 2nd, at 12:00 noon

"Those whom we love and lose are no longer where they were before. They are now wherever we are."-St. John Chrystostom

Our Lady of Sorrow's Mass of Remembrance, held in memory of departed family members, friends, and parishioners, will be celebrated on Saturday, November 2nd, at 12:00 noon. There is a Book of Remembrance by the Baptismal Fount start to write the names of your loved one to be remembered. The Book of Remembrance will be placed in front of the altar during this special Mass.

A reception with light refreshments will be held in St. Joseph's Hall immediately following the Mass.
**To show our support of each other we ask anyone who wishes to bake or buy a cake, or some cookies, or fruit please call the office or send in the attachment letting us know what you will contribute
Name___ phone\#

I will bring in
Note Well: Bring items in October 30 and October 31st to the office.

## Electronic Parish Giving

Please consider making your offerings to our parish through our "Electronic Funds Transfer". This allows parishioners to make weekly/monthly donations to the parish that will be taken directly from your bank account or credit card account once a month. Electronic Parish Giving is easy and convenient with no additional cost to you as you support your parish. It can be accessed through our parish web site (www.olschurch.com). You may still receive envelopes in the mail and if you wish you could turn them into the collection on Sunday and simply write "Parish Giving" on them. Please consider enrolling today as a way to enhance your personal stewardship to our parish.

## Our Lady of Sorrows School News Learn Serve Lead Succeed

In response to crises all over the world, most recently for the people devastated by Hurricane Dorian, The Student Council at Our Lady bf Sorrows School held a Pretzel Sale.

Children throughout the school were able to place orders for pretzels that were served during their lunch period. The pretzel sale was wildly successful and the result was impressive. They raised $\$ 500$ for World Central Kitchen. Many thanks to all the parents and The Philly Pretzel Factory In Livingston who supported the effort!


Parents who are interested in sending their children to OLS School (Pre-K, K-8) are encouraged to schedule a school tour as soon as possible! Visit www.ourladyofsorrowsschool.org or call 973.762.5169. See all that Our Lady of Sorrows has to offer!




