



Our Lady of Sorrows

217 PROSPECT STREET, SOUTH ORANGE, NJ 07079

973-763-5454

www.olschurch.com



When he comes, the Spirit
of truth, he will guide you
to all truth.

John 16:13

MASSSES: Saturday Vigil: 5:30 pm; Sunday 8:00, 10:00 and 11:30 am

Monday-Friday 7:00 am and 12:00 pm; Saturday 8:30 am and 12:00 pm

Penance: Confessions Saturday 12:45 pm – 2:00 pm or by appointment

Baptism: Contact Parish Office after the birth of your child to begin Baptismal preparation program

Ministry of the Sick: Call Parish Office for anointing of seriously or chronically ill for the Sacrament of Anointing of the Sick and to arrange Communion calls

Marriages: Arrange at least one year in advance with a parish priest

RECTORY and PARISH: 973-763-5454 • FAX: 973-763-9506

June 15, 2025

Solemnity of the Most Holy Trinity

A Message from Fr. Brian



Thank you all for your prayers and best wishes for my full recovery. I ABSOLUTELY feel the power of your prayers as I confront this health challenge. I am so INCREDIBLY blessed to be a part of the OLS family. Thank you for your texts, emails, phone calls, and comments on Facebook. They have lifted my spirits immensely. Thank you!!!

I am back at the Rectory, but I don't know when I'll be celebrating Masses, hearing confessions, etc. I have MUCH healing to do. Lots of people are curious about what happened to me. Allow me to share my experience and hopefully in doing so may even save a life (as mine was saved). This may be a longish post, but there are some lessons I wish to convey to all of you.

On Wednesday evening, June 4th, I was watching Jeopardy in the Rectory (and getting most of the responses wrong!). While watching, suddenly, with no previous warning, I felt pain in my left arm and tightness in my chest. That was followed by nausea and lightheadedness, as the pain in my chest grew worse. I Googled those symptoms and learned that they are symptoms of a heart attack (no surprise). I called Fr. Dominic (who lives in the Rectory) and asked him to call 911. The South Orange Rescue Squad showed up very quickly (thank you!) and I was brought to Cooperman Barnabas. In the ER, I was immediately given an EKG and informed that I had had a heart attack (in the Rectory). About 15 minutes later, I had another, massive heart attack and went into VFib, a life-threatening state. One of my arteries, the left anterior descending artery (which brings 50% of the blood to the heart and is sometimes referred to as the Widow Maker), was 99% blocked. My heart stopped beating and I was "dead" for 7 minutes. They resuscitated me (which broke one of my ribs and bruised the rest - very painful!), and it's absolutely and truly a miracle that I'm still alive. I had a stent put in and it seems that I may need to have another stent put in another one of my arteries.

I have a long road ahead of me because my heart has been quite weakened (we hope temporarily). Because of the weakness and low functioning of my heart, for the next few months I'll be wearing - 24/7 - a portable defibrillator vest (Life Vest) which will shock my heart if I again go into cardiac arrest. Hopefully during these months, my heart will begin to heal itself and regain some or, please God, most of its previous strength.

Now for the lessons:

1. Educate yourself as to the symptoms of a heart attack and stroke. If you experience symptoms, call 911 IMMEDIATELY! Don't wait, don't try to take a nap, don't try to "walk it off." Call 911. In my case, 911 was called within 10 minutes of symptoms. If I wasn't brought to the ER immediately, I absolutely would be dead today. I'm only alive today because my massive heart attack took place in the ER. What better place to have a heart attack of the type I had than in the ER? I would call that an act of Providence, right? And I was only in the ER because 911 was called so quickly after the onset of symptoms. Don't wait! Your life may depend on a quick response.
2. Previous to this event, I tried (more or less) to watch my diet, being careful about the amount of high cholesterol foods I ate. Based on my last blood test this past March, all of my cholesterol levels were absolutely ideal. I also get plenty of exercise, including walking 10,000-12,000 steps per day. I just came back from

Spain, having walked 180 miles in 10 days on the Camino de Santiago. I was in good physical shape. One doctor told me that I could have done everything right, but genes also play a big role. I have a family history of stents being put in and other heart issues. My point here is that you may want to consult with your doctor and discuss ways of identifying possible blockages and then get them taken care of. I wish I had. As the expression goes, an ounce of prevention is worth a pound of cure! And don't assume (as I did) that just because you attempt to live a healthy life you won't have any issues.

3. Nurses are the best! A doctor literally saved my life, but it's been nurses who have given me so much wonderful health care while in the hospital. I am SO grateful to them and I'm in awe of them. Treasure our nurses! In a very real and profound way, they partake in the healing ministry of Jesus.
4. Most importantly, trust in God!!! Throughout the whole ordeal of the 2 heart attacks (and afterward) I have turned to God continuously. When I thought my life was literally going to end, I fervently called upon the Lord's mercy and the intercession of Our Lady. They came to my rescue. But they are there for us always, not just in life threatening situations. Never tire of turning to Jesus and His Mother Mary. And don't be surprised if God works miracles in your life. I received one!

Thanks for reading and, again, thank you for your loving support of me, always and in all ways, but especially at this time.

God bless you all!

Fr. Brian

Happy Father's Day!



The great Christian philosopher and author G.K. Chesterton wrote: *God chooses ordinary men for fatherhood to accomplish his extraordinary plan.*

Fathers are sometimes reduced to being ancillary to the family and relegated to the realm of peripheral figures - purveyors of clumsy dad jokes and corny witticisms. Today we reject that falsehood and uplift and celebrate all fathers as well as father figures in our lives. They are vital to the fabric of the family and well-being of society.

We celebrate in a special way today our very own Father Brian for his spiritual leadership. We thank him for his stalwart example of what it looks like to live a vibrant and faithful Catholic life.

May God continue to bless Fr. Brian and all fathers today!

THE SACRIFICIAL GIVING OF OUR PARISHIONERS

June 8	Week 50	YTD
Collection	\$14,638	\$631,634
Budgeted	\$12,164	\$603,035

Repairs - \$6,145
Assessment - \$2,918

THANK YOU FOR YOUR GENEROSITY!

Weekly Appeal for the Annual Appeal



Thank you to Lou Budzyn and Kelly Sullivan from our parish Finance Council for speaking at last weekend's Masses, **AND, Thank YOU** to those who answered their plea and donated to the Annual Appeal.

We are a little over halfway to our goal of \$85,107. Unfortunately though, we are still very far behind where we were at this time last year. As you know, if we meet our goal in funds received by June 30th, it will save us about \$18,000 in the rate of assessments we owe to the Archdiocese. This is a huge savings for us.

To that end, once again we ask you to consider donating any amount you can sustain. Even the smallest contribution could have a big impact: your \$5 donation might just be what gets us from \$85,102.37 to **\$85,107.32!**



To donate, please
Scan or Visit:
<https://rcan.org/sharing/>

Adoration of the Blessed Sacrament

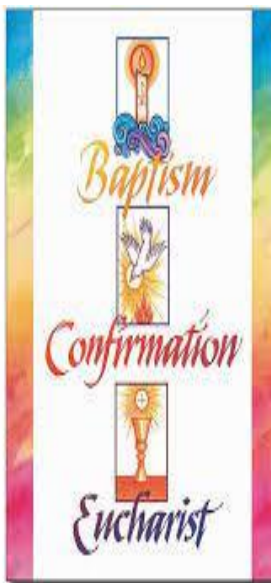


We have Adoration of the Blessed Sacrament every Monday and Friday from 12:30pm – 3:00pm, concluding with the Divine Mercy Chaplet.

Spend some quiet time in prayer before

Our Lord in the exposed Eucharist. Honestly, can you think of any better way to use a few minutes of your day than with Our Lord in the peaceful quiet of our beautiful church?

Does your heart desire something more?



St. Augustine said, "My heart is restless until it rests in Thee, oh God." He had a major turning to God.

If you desire to come into the fullness of Faith in the Catholic Church, please call Sr. Mary Selina at (973) 763-5454 to start the process. The Holy Spirit will come to you in a powerful way and help you to live your Catholic faith more fully.

See you in September!



Last Sunday was our final Bagels, Coffee and Donuts until the fall...though we will have light refreshments following next week's

Corpus Christi Procession (join us!).

In the interim, we hope you enjoy lots of ice cream at the Shore or wherever your summer travels take you.

Meet Our Staff

Rev. Brian X. Needles, Pastor
frbrianneedles@gmail.com
Rev. Andrew Lee, Parochial Vicar
frlee527@gmail.com
Rev. Robert Suszko, Weekend Assistant
Rev. Patrick Seo, Priest in Residence
Rev. Dominic Ciriaco, Priest in Residence
Deacon Walter Wiggins, Permanent Deacon
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Deacon Steven Greydanus, Permanent Deacon
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Sr. Mary Selina, S.C.C., Pastoral Associate
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Christopher Kaiser, Youth Minister
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Stephanie Sonnick, Ministerial Associate
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Colleen McDonald, Administrative Assistant
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Preston Dibble, Director of Music
olsmusician@gmail.com
Karlene Campbell, Nursery Director
karlene@thenurseryatols.org
Charles Noun, Business Manager
charlesnoun@olschurch.com
Mary Beth Zurat, Secretary
marybeth.olschurch@gmail.com

St. Vincent DePaul Society



St. Vincent DePaul Society seeks to find and aid those in need in our Parish, as well as in our greater South Orange/Maplewood communities, on a confidential basis.

If you know of someone in need of financial assistance, or if you would like to make a donation, please contact our parish office (973) 763-5454 or email:

OLSSstvincentdepaul@gmail.com

Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.
Matthew 25:40

Register for CCD Today

Early registration is now open for CCD. Register before July 15th to get a 20% discount. Questions? Reach out to Jen Noll at jennollols@gmail.com

Religious Education

Give your child the gift of faith!



CCD REGISTRATION

2025 - 2026

Allow our catechists the privilege of helping your child develop a lasting relationship with Jesus Christ through the OLS CCD program.



Calendar

25 Total Classes

Classes Begin
Last week in September

Classes End
First week in May
Homeschooling option available



Timing

Monday Classes
Grades K-6 & 8
3:55 - 5:15 pm

Tuesday Classes
Grades 1-8
3:55 - 5:15 pm



Cost

Register By July 15th
1 Child - \$150
2 Children - \$240
3 Children - \$325

Register After July 15th
1 Child - \$180
2 Children - \$270
3 Children - \$355

Register on the OLS website

olschurch.com

Jen Noll
973-763-5454
jennollols@gmail.com

Request a Mass



We now have an easier way for you to request Masses.

Scan the QR code
Or visit

<https://olschurch.com/request-a-mass/>



Masses For The Week



VIGIL, SATURDAY, JUNE 14, 2025

5:30 PM All Fathers, Living and Deceased

SUNDAY, JUNE 15, 2025

8:00 AM All Fathers, Living and Deceased

10:00 AM All Fathers, Living and Deceased

11:30 AM All Fathers, Living and Deceased

MONDAY, JUNE 16, 2025

7:00 AM Linda Drury

12:00 PM María Caridad Parladé – 71st Anniversary

TUESDAY, JUNE 17, 2025

7:00 AM Jill Pascual – Special Intention

9:30 AM School Closing Mass

12:00 PM Hilda Iris Mateo

WEDNESDAY, JUNE 18, 2025

7:00 AM Edward Silliere

12:00 PM Hilda Lamarre and Gilberte Lafleur – Special Intention

THURSDAY, JUNE 19, 2025

7:00 AM Fr. Frank Beard

12:00 PM Anna Greydanus – Special Intention

FRIDAY, JUNE 20, 2025

7:00 AM Noreen Faherty

12:00 PM Valice Laramée

SATURDAY, JUNE 21, 2025

8:30 AM Robert H. Moore

12:00 PM Timothy Ryan Sr.

VIGIL SATURDAY, JUNE 21, 2025

5:30 PM The Kirk Family

SUNDAY, JUNE 22, 2025

8:00 AM All Rosarians, Living and Deceased

10:00 AM People of the Parish

11:30 AM Chap. Col. John Krozser



Pray for the Departed

Let us remember those who have recently passed away at OLS: Thomas Kielczewski

Eternal rest grant unto Thomas, O Lord, and let perpetual light shine upon him. Amen.

In Memoriam

It is a loving gesture to donate the weekly Sanctuary Candle in memory of a loved one or for a special intention. If you would like to do so, please call the parish office for more information.



REMEMBER TO PRAY FOR THE SICK

Please keep the following in your prayers: Bill Aber, Logan Francis Amon and Tyler Joseph Amon, Rita Arena, Diana Baseman, Patricia Bee, Roy Bell, Ellen Bowden, Daniel Callaghan, Julia Callaghan, Robert Charles, Bekim Colaku, John Colaku, Alice Cosack, Mark F. Davonski, Michael Elliot, George Richmond Files Jr., Frank Gilbreth, Norma Gonzalez, Beth Hebron, Deborah Hebron, Mimi Hermann, Norma Hermann, Agnes Marshall, Elizabeth Mary, Patricia McDonnell, Neville Moore, Megan More, Kathleen Mullan, Kate Mullin, Ludgarda Rosa, Julian Sherman, Marie Somers, Elizabeth Stuart, Catherine Sullivan, Donna T., Mary Jane Tannen, Kathi Thiemer, Quentin Tiemeyer, Mary Jane Waldron, Sr. Mary Jo Ward, Stephanie Windsor





Please join us for our

2nd Annual Eucharistic Procession

immediately following the 11:30am Mass on
the Feast of Corpus Christi

Sunday, June 22nd

All are welcome!

(Bring your family, children, and friends)

Light reception to follow.

**Questions? Contact Peter Morin
at morinpete@gmail.com**

Why a procession?

The Eucharist is the source and summit of the whole Christian life. A eucharistic procession is a public witness of our veneration toward the holy Eucharist conducted through public streets. Please join us for this special moment of worship with your OLS family as we join in this sacred tradition!